

Welcome to Ward F3

Ward F3 looks after children from 0-16 years of age.

Some of the children come to F3 to have an operation. Some children come to F3 to have some medicine. F3 has 26 beds.

Directions:

You can find F3 by coming through the main entrance and walking past the hairdressers. Cross straight over the crossroads to the lifts. Use the lifts to go to level 3. Turn left out of the lifts and follow the corridor to F3. When you get to the door, press the bell and the nurses will ask you who you are and then let you in.

Sleeping:

When you arrive you may be asked to wait in the play room or you will be shown to a cot or bed where you will be able to get comfy and put some of your things in the cupboard to keep them tidy.

Visiting:

Your mummy and daddy and other visitors will be able to visit you at any time during your stay. If your mummy, daddy or other visitor is poorly they will be asked to go home.

Who will be looking after me?

You will be looked after by a nurse who will make sure that you have everything you need and tell you what is going to happen.

Meal times:

When you are able to eat, the nurse will be able to give you a choice of food including a sandwich, crisps, yoghurt, biscuits, cereal or toast. If you have a special diet it can be ordered for you.



Things to do:

There is a TV by your bed which is free to use. There is a play room on the ward for you to spend some time in if you want to. There is a play specialist on the ward who will be able to find some things for you to do. You can bring your favourite soft toy/blanket with you if you want to.

Mobile phones:

No mobile phones are to be used on F3 as they may prevent others from resting.

Talking to the ward:

The telephone number for ward F3 is 01223 217567.

The address is:

Ward F3
Box 26
Addenbrooke's Hospital
Hills Road
Cambridge
CB2 0QQ





We are smoke-free: smoking is not allowed anywhere on the hospital campus. For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169.

Other formats:



Help accessing this information in other formats is available. To find out more about the services we provide, please visit our patient information help page (see link below) or telephone 01223 256998.



<https://www.cuh.nhs.uk/contact-us/accessible-information/>

Document history

Authors/ contact number	Rachel Boreham/01223 217567
Pharmacist	N/A
Approval date	March 2022
Version number/ID	4/25634

