

...CONFIDENTIAL...

My photo

This is my Hospital Passport

For children and young people coming to Cambridge University Hospitals that require adjustments to their care and support due to additional needs.

My name is:

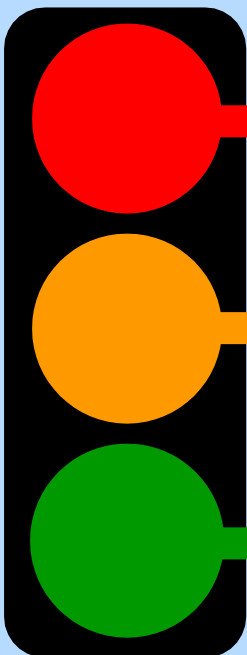
If I have to go to hospital this book needs to go with me, it gives hospital staff important information about me.

This passport needs to stay with me by my bed.



This passport belongs to me. Please return it when I go home.

All hospital staff involved in my care, please look at my passport to start to get to know me.



Things you must know about me

Things that are important to me

My likes and dislikes

At a Glance Sheet

Please list five key points that staff need to know about me when supporting me in hospital (use clear large font or writing).
(Staff – please photocopy this sheet and display visibly.)

1	
2	
3	
4	
5	

What I am like when I am well

Date completed: by

Things you must know about me



Hello, my name is:

I like to be known as:

The pronoun I would like you to use is:



My date of birth is:



My address is:

My telephone number is:

The language that I like to use is:



Contact person:

Relationship
eg Mum, Dad,
Support Worker:

Address
(if different
from mine):

Tel No:



GP:

Address:

Tel No:



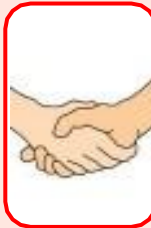
Allergies including medications:

Date completed by

Things you must know about me



My support needs and who gives me the most support:



Other services/ professionals involved with me:



Decisions about my treatment (Consent) (I may need support to make decisions about my care)



My ethnicity

My religion

My religious and spiritual needs:



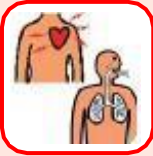
Things that help me to communicate with people:



What makes me anxious, upset or worries me (eg the dark, noise, crowds etc) and how do I show this?:

Date completed _____ by _____

Things you must know about me



Heart/ breathing problems:



Risk of choking, difficulty with eating, drinking & swallowing:



Current medication (what is it called including strength of tablets/ liquid?
How much do I take? When do I take it?)

How I take medication: (tablets, injections, syrup, by mouth, gastrostomy/
naso-gastric tube, cream, inhaler with spacer)



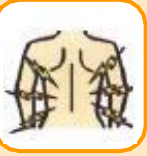
My key medical history (operations and illnesses/ conditions that I have had)
and treatment plan:

My baseline readings (eg temperature, blood pressure, heart rate,
breathing rate) are:

How to help me cope with medical Interventions (eg how to take my blood,
measure my observations, weigh me etc):

Date completed _____ by _____

Things that are important to me



How you know I am in pain:



How I move around (posture in bed, walking aids, transfers, hoisting):



How to perform my personal care (dressing, washing, etc):



Things I need to help me to see or hear:



How I eat (eg food cut up, help with eating, consistency of food, gastrostomy):

Date completed _____ by _____

My likes and dislikes

Likes (for example, what makes me happy, things I like to do such as watching TV, reading, music, routines):

Dislikes (for example, don't shout, food I don't like, physical touch):

Things I like

Please do this:



Things I don't like

Don't do this:



When I come into hospital, I like to bring some of my favourite things (photo, blanket):

Date completed _____ by _____

Notes

Useful websites:

VoiceAbility – <https://www.voiceability.org/>

Mencap – <http://www.mencap.org.uk/>

EasyHealth – <http://www.easyhealth.org.uk/>

Medicines for Children –
<https://www.medicinesforchildren.org.uk/>

Special Needs Kids – <https://www.special-needs-kids.co.uk/>

Addenbrooke's Patient Advice and Liaison Service – <https://www.cuh.nhs.uk/contact-us/let-us-know-your-views/get-advice-or-raise-a-concern-the-patient-advice-and-liaison-service/>

Council for Disabled Children –
<https://councilfordisabledchildren.org.uk/>

Further copies can be obtained from: <https://www.cuh.nhs.uk/patient-information/hospital-passport-children/>.
We recommend that you review and update this passport at least every year.

Please contact the WellChild Nurse at Addenbrooke's Hospital if you have any other questions about the passport on 01223 245151 extension 586963

This Hospital Passport is based on original work by Gloucester Partnership NHS Trust and the South West London Hospital Access to Acute Group.
Thank you to Scope's Meldreth Manor Team, The Young People from Voiceability Youth Parliament, Pinpoint, The Learning Disability Partnership, and CUH/ Cambridgeshire PCT staff who had input in the redesign of this document. Widgit symbols used with kind permission.