

**Evaluation of the Breathlessness Intervention Service (BIS)
For BIS website (with references): Morag Farquhar 16/06/11**

The Breathlessness Intervention Service (BIS) is being evaluated in collaboration with University of Cambridge and King's College London. We are carrying out a randomised controlled trial (RCT) of BIS to find out if BIS is helpful to patients and their carers, their experience and views on the service, the views of those who refer them to the service and whether it is value for money (Farquhar et al, 2011).

This evaluation follows a series of development studies for and with the service including:

- 1) a qualitative study of patients with breathlessness who had a diagnosis of lung cancer or COPD - this study informed the design of the pilot service (Booth et al, 2003);
- 2) a qualitative study of service users - the results of which were fed back into BIS's redevelopment (Booth et al, 2006);
- 3) a pilot randomised controlled trial (RCT) of BIS for chronic obstructive pulmonary disease (COPD) patients – the results of which were used to help us design the current RCT (Farquhar et al, 2009; Farquhar et al, 2010).

Funders of these studies have included: The Gatsby Foundation, Cicely Saunders International, NIHR Research for Patient Benefit and the Addenbrooke's Charitable Trust.

References:

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