

Information for Course Participants



East of England Cytology Training Centre

Westbrooke House

3 The Oaks

Newmarket

Suffolk

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Addenbrooke's Hospital 
Cambridge University Hospitals NHS Foundation Trust

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Follow-up Course in Cervical Cytopathology

This one-week Course is held about nine months after the Introductory Course and provides a recap of the salient points of cervical cytopathology. We may also include topics that were not included on the Introductory Course. Additionally, communication with the training officers may have highlighted areas that need more in-depth study.

We have a lecture room in which coffee/tea is available throughout the Course and a separate microscopy room. Each student will have an Olympus BX45 microscope for the practical components. Case discussion and morphology teaching takes place around a multiheader microscope.

Students will be expected to contribute more to the microscopy sessions and in particular to the multiheader case discussion sessions. This is done in a safe environment with consideration for the student's ability, as cytologists by nature seem to be rather cautious creatures.

The final day of the Course consists of an assessment covering the components of the NHSCSP examination. This will be marked and each component will be discussed. Students will receive individual verbal feedback. A written report will be sent out after the Course.

Students should bring their copy of the Cervical Cytopathology Training Log for completion, as well as their notes from the Introductory Course.

A specimen programme is available in advance of the Course and a copy is provided when you arrive. We try not to make too many changes, but sickness or other unavoidable circumstances may mean we have to rearrange the order of lectures and workshops.

For students who wish to find accommodation close to the Centre, we have a brief list, although none of the accommodation has been checked by the staff of the Centre. Details of how to find us and a map are also available.

If you should require any more information then feel free to contact us.

ACCESS

By Car

The Centre is readily accessible by car, situated close to the A14, equidistant from Cambridge and Bury St Edmunds. (A map is available, or you may use the route planners on e.g. the AA (www.theaa.co.uk) or RAC (www.rac.co.uk) web pages).

From the M11 and Cambridge direction on the A14, take junction 37 (A142), at T-junction turn right (signposted 'Newmarket'). At roundabout (note Burger King ahead), take the 1st exit on to the A142 (signposted 'Town Centre'). Just after the carwash turn into the estate. Drive ahead for about 20 yards and Westbrooke House is at eleven o' clock. Parking is best at the far side of the building in any of the spaces marked 'cyt'.

From Bury St Edmunds / Ipswich / Norwich on the A14, take junction 37 (A142). At T-junction turn left A142 (signposted Newmarket). At roundabout (note Burger King ahead) take the 1st exit on to the A142 (signposted Town Centre). Just after the carwash turn into the estate. Drive ahead for about 20 yards and Westbrooke House is at eleven o' clock. Parking is best at the far side of the building in any of the spaces marked 'cyt'.

By Rail

There is a railway station in Newmarket that is about two miles from the Centre. There is a regular but limited service from Cambridge and Bury St Edmunds.

By Taxi

For those without transport we are a short taxi ride from both the railway station and the centre of the Newmarket.

By Bus

An express bus service from Cambridge (Drummer Street) stops at Tesco, which is adjacent to Westbrooke House. Travelling time is approximately one hour.

By Air

Stansted Airport, in Essex, is situated close to the M11 (and then via A11 and A14 to Newmarket) and is about an hour by car – *depending on volume of traffic*.

FACILITIES

Westbrooke House is situated adjacent to Tesco, on Fordham Road in Newmarket. There is a range of shops and facilities (including a cash point) close to the Centre. We have ample free car parking adjacent to the building. Newmarket has the usual range of shops and banks expected in a large market town. Market days are Tuesday and Saturday. Larger shops, cinemas, theatres etc can be found in Cambridge and Bury St Edmunds, both being about 17 miles away.

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Please note that the Training Centre, as part of Addenbrooke's Hospital, is now a smoke-free site.

Also note that to conform to fire regulations, all personnel who use the first floor of Westbrooke House must be able to evacuate the building unaided and without using the lift.

If you should require any more information then please feel free to contact the Centre.

ANY PATIENT INFORMATION, WHICH COURSE PARTICIPANTS MAY ENCOUNTER, WILL BE TREATED AS STRICTLY CONFIDENTIAL.