

Patient agreement to investigation or treatment

Infusion study via reservoir or valve pre-chamber

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Brief description:

- You have been recommended this investigation to assess the problems you are having with hydrocephalus (fluid pressure on the brain). The infusion study is performed to assess if you would benefit from a shunt operation (ie a tube to drain away fluid) or whether or current shunt is working optimally.
- Here, we explain some of the aims, benefits, risks and alternatives to this procedure (operation/treatment). We want you to be informed about your choices to help you to be fully involved in making any decisions.
- Please ask about anything you do not fully understand or wish to have explained in more detail.
- If you would like this information in another format or language or would like help completing the form, please ask a member of our staff.

Please bring this form with you to hospital

- You will be asked to read this form carefully, and you and your doctor (or other appropriate healthcare professional) will sign it to document your consent.
- All our consent forms are available on the Addenbrooke’s website:
<http://www.addenbrookes.org.uk/consent>
- Guidance for health professionals can be found on the Addenbrooke’s intranet site
<http://nww.addenbrookes.nhs.uk/consent>
- Remember, you can change your mind about having the procedure at any time even after you have signed the form.

For staff use:

Does the patient have any special requirements? (For example: requires an interpreter or other additional communication method)

.....

About the infusion study

Cerebrospinal fluid (CSF) is produced in the fluid spaces in your brain. It then circulates through these spaces to the spinal canal and back up again to the brain in a loop. Fluid is then reabsorbed in the brain. This cycle normally takes place three times a day. Many things can affect this loop. There may be too much fluid produced. There could be a blockage in part of the loop. Even if the loop is working, it may be inefficient for some reason. Please discuss your exact condition with your doctor.

The first step is to insert two needles into the pre-chamber or into the reservoir (a plastic like bubble which sits under the scalp and a plastic like tube which sits in the fluid space in the brain). The infusion study involves the injection of saline fluid (which is made of water and salts) into this fluid space. This fluid column is connected to monitoring devices which allow us to make pressure measurements. In this way, we can tell how efficiently your CSF loop is working or if your current shunt is working.

The test takes about 30 to 45 minutes. You will be asked to drink to replenish any fluids you have lost during the test. You will usually be able to go home on the same day.

Before your procedure

- When you are seen in the outpatient clinic, we may offer this test to you if it is appropriate. You will then have a separate appointment to come in for the test. This test is done as a 'day admission', meaning you can go home on the same day.
- You will be asked if you are taking any tablets or other types of medication - these might be ones prescribed by a doctor or bought over the counter in a pharmacy. It helps us if you bring details with you of anything you are taking (for example: bring the packaging with you). Please bring your tablets and continue to take them when you are in hospital for the day. However, if you are on Warfarin, you will be asked to stop this seven days before the test, Clopidogrel (Plavix), Dipyridamol or Aspirin you will be asked to stop this ten days before the date of your test.
- **Prevention of Surgical Site Infection (SSI) (for applicable procedures only)**

In order to prevent infection, hair from the area of the valve or pre-chamber may need to be removed.

Hair removal from the site of the procedure up to sixty minutes before the procedure reduces the risk of infection. This means that the hair removal procedure is usually carried out on the operating table. The skin is then cleaned with an appropriate skin preparation solution. This can leave a colouration to the skin which can be washed off.

You must not shave the area of the reservoir or pre-chamber yourself; this will be carried out in the department where the procedure is to be carried out. Shaving at home, or the night before surgery, increases the risk of infection as no matter how careful you are the skin may become irritated and this could increase the risk of infection.

It may be necessary during the procedure to shave other areas of your body if appropriate to allow equipment/machines, for example diathermy machines (used to seal blood vessels), to stick to your skin to achieve the best and safest performance.

Reference:

Department of Health. High Impact Intervention No 3: Preventing surgical site infection. Saving Lives: reducing infection, delivering clean and safe care: DH June 2005.

During the procedure (operation/treatment) itself

- Your doctor will explain what is happening. You will also meet a member of our specialist infusion study team, including Dr Zofia Czosnyka, who will be performing the measurements.
- The test is usually done in our cerebro-vascular room which is a dedicated room set up for these studies. You will be asked to lie on a dentist chair on your back. We will help you position yourself into a comfortable position.
- During the procedure, you will be able to talk to us and find out what is happening.

After the procedure (operation/treatment)

- You may eat and drink normally after the study.
- **When can you leave hospital:** You will be able to go home on the same day. If you feel quite unwell, you may have to stay overnight.
- **When can you resume normal activities including work:** You will be able to resume your normal activities the next day.
- **Special measures you need to take after the procedure:** You will be given information about things to watch out for that might be early signs of problems (eg infection).
- **Check-ups and results:** When the test results have been analyzed, you will be given an appointment to see your neurosurgeon in the outpatient clinic to discuss the results.

Intended benefits of the procedure

- To assess if you have hydrocephalus (fluid pressure on the brain) which can be improved with a shunt operation.
- To check if your shunt is working properly.

Who will perform my procedure?

- This procedure will be performed by a doctor or specialist nurse practitioner as well as a member of the infusion study team.

Alternative procedures that are available

- Lumbar infusion study test is to insert two needles into the lower back. The infusion study is done in the same way. This type of infusion study test is done under local anaesthesia. Only certain patients will need this type of test. Please discuss this with your doctor.
- Some patients have a type of hydrocephalus which is not life-threatening. They may have symptoms of walking or balance problems, incontinence or memory problems. In this situation, a shunt operation may help. If you have this condition but do not wish to proceed to have surgery, there is no need for you to have any type of infusion study at all. Please discuss this with your doctor.

Serious or frequently occurring risks

- **Infection** – an infection can occur related to any puncture of the skin.
- **Discomfort** – You will also be able to talk to us during the procedure.
- **Headaches** – you may experience a headache due to change in the fluid in the head. This usually improves over the next day or so.
- **Inconclusive test results** – sometimes even if the test goes smoothly, the results may be inconclusive. We will discuss the implications of the test with you at your next clinic appointment.

Information and support

- You might be given some additional patient information before or after the procedure, for example: leaflets that explain what to do after the procedure and what problems to look out for. If you have any questions or anxieties, please feel free to ask a member of staff including Sister Michelle Best, Specialist Nurse Practitioner.



Addenbrooke's is smoke-free. You cannot smoke on site. For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Informacje te można otrzymać w innych językach, w wersji dużym drukiem lub audio. Zamówienia prosimy składać pod numerem: 01223 216032 lub wysyłając e-mail: patient.information@addenbrookes.nhs.uk

Polish

Se precisar desta informação num outro idioma, em impressão de letras grandes ou formato áudio por favor telefone para o 01223 216032 ou envie uma mensagem para: patient.information@addenbrookes.nhs.uk

Portuguese

Если вам требуется эта информация на другом языке, крупным шрифтом или в аудиоформате, пожалуйста, обращайтесь по телефону 01223 216032 или на вебсайт patient.information@addenbrookes.nhs.uk

Russian

若你需要此信息的其他語言版本、大字體版或音頻格式，請致電 01223 216032 或發郵件到: patient.information@addenbrookes.nhs.uk

Cantonese

Bu bilgiyi diger dillerde veya büyük baskılı ya da sesli formatta isterseniz lütfen su numaradan kontak kurun: 01223 216032 veya asagıdaki adrese e-posta gönderin: patient.information@addenbrookes.nhs.uk

Turkish

এই তথ্য বাংলায়, বড় অক্ষরে বা অডিও টেপে পেতে চাইলে দয়া করে 01223 216032 নম্বরে ফোন করুন বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করুন।

Bengali

Document History

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Consent form 1

Patient agreement to investigation or treatment

For staff use only:
Surname:
First names:
Date of birth:
Hospital no:
Male/Female:
(Use hospital identification label)

Responsible health professional/job title

.....

Special requirements.....
(For example, other language/other communication method)

Name of proposed procedure or course of treatment

CSF infusion study via valve prechamber/reservoir Side (left/right).....

Statement of health professional

(To be filled in by a health professional with an **appropriate knowledge of the proposed procedure**, as specified in the Hospital's consent policy)

I have explained the procedure to the patient. In particular, I have explained:

- The intended benefits of the procedure: To assess if you have hydrocephalus and to check if your shunt is working properly.

Any serious or frequently occurring risks from the procedures including those specific to the patient: Infection, discomfort, headaches and inconclusive test results.

- Any extra procedures that might become necessary during the procedure

Blood transfusion Other procedure (please specify)

I have discussed what the treatment / procedure is likely to involve, the benefits and risks of any available alternative treatments (including no treatment) and any particular concerns of this patient.

- The following information leaflet has been provided: CSF infusion study via valve prechamber/reservoir

..... Version/Date/Ref: version 1/July 2009/CF

This procedure will involve:

General and/or regional anaesthesia Local anaesthesia Sedation

Health professional's signature:Date:

Name (PRINT): Job title:

Contact details (if patient wishes to discuss details later)

I have offered the patient information about the procedure but s/he has declined information.

Statement of the interpreter (if appropriate)

I have interpreted the information to the best of my ability, and in a way in which I believe s/he can understand:

Interpreter's signature..... Date:

Name (PRINT):

Important notes: (tick if applicable)

- The patient has withdrawn consent (ask patient to sign/date here)
- See also advance directive/living will

Copy accepted by patient: yes / no (please circle)

For staff use only:

Surname:
 First names:
 Date of birth:
 Hospital no:
 Male/Female:
 (Use hospital identification label)

Statement of patient

Please read this form carefully. If your treatment has been planned in advance, you should already have your own copy, which describes the benefits and risks of the proposed treatment. If not, you will be offered a copy now. Do ask if you have any further questions. The staff at Addenbrooke's are here to help you.

You have the right to change your mind at any time before the procedure is undertaken, including after you have signed this form.

Training doctors and other health professionals is essential to the continuation of the Health Service and improving the quality of care. Your treatment may provide an important opportunity for such training, where necessary under the careful supervision of a senior doctor. You may, however, decline to be involved in the formal training of medical and other students without this adversely affecting your care and treatment.

Please read the following:

I understand that I will have the opportunity to discuss the details of anaesthesia with an anaesthetist before the procedure, unless the urgency of my situation prevents this. (This only applies to patients having general or regional anaesthesia.)

I understand that you cannot give me a guarantee that a particular person will perform the procedure. The person undertaking the procedure will, however, have appropriate experience.

I understand that any procedure in addition to those described on this form will only be carried out if it is necessary to save my life or to prevent serious harm to my health.

I have been told about additional procedures which may become necessary during my treatment. I have listed below any procedures that **I do not wish, without further discussion, to be carried out.**

I understand that any tissue (including blood) removed as part of the procedure or treatment will be anonymised and may be used for teaching or quality control, and stored or disposed of in a manner regulated by appropriate, ethical, legal and professional standards.

I understand that all research will be approved by a research ethics committee and undertaken in accordance with appropriate ethical, legal and professional standards.

I understand that the research may be conducted within a hospital, university, not for profit organisation or a company laboratory.

Please tick boxes to indicate you either agree/disagree to the three points below. Yes No

I agree that tissue (including blood) not needed for my own diagnosis or treatment can be used for **research which may include genetic research.** If you wish to withdraw your consent for the use of your tissue (including blood) for research, please contact the Patient Advice and Liaison Service at Addenbrooke's Hospital.

I agree to the use of photography for the purpose of diagnosis and treatment.

I agree to anonymised photographs being used for medical teaching.

I confirm that the risks, benefits and alternatives of this procedure have been discussed with me and I have read and understood the above and agree to the procedure (or course of treatment) on this form.

Patient's signature:..... Date:

Name (PRINT):

If the patient is unable to sign but has indicated his/her consent, a witness should sign below. Young people may also like a parent to sign here (see guidance notes).

Witness' signature:..... Date:

Name (PRINT):

Confirmation of consent (to be completed by a health professional when the patient is admitted for the procedure, if the patient has signed the form in advance)

On behalf of the team treating the patient, I have confirmed with the patient that s/he has no further questions and wishes the procedure to go ahead.

Signature Date:

Name (PRINT): Job Title: