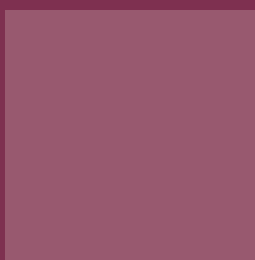
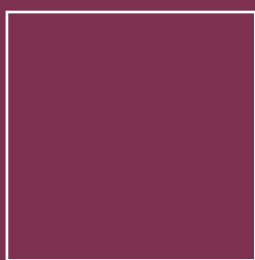
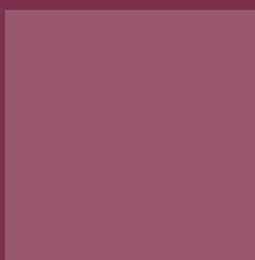
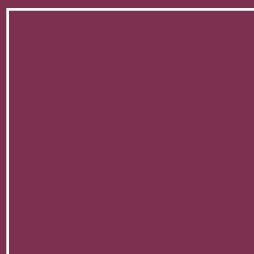
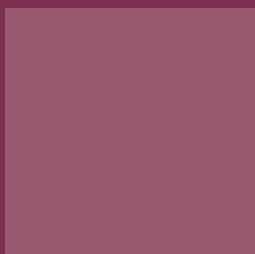


# Members Matter



**Your** views  
**Your** future



Summer 2009

**Connecting members**  
with news & information

# Celebrating five years as a Foundation Trust



‘It is your involvement that helps us to develop the hospital the community wants’

**This July** marked our fifth year as an NHS Foundation Trust and the Board of Governors celebrated in suitable fashion with a special cake at their last board meeting.

The Trust has achieved a lot in the last five years and seen many changes – here is just a snapshot:

- new buildings have appeared – the Addenbrooke’s Treatment Centre
- services have been refined – Emergency Assessment Unit
- staff roles have been introduced – senior clinical nurses (modern matrons)
- technology has developed – the Picture Archive and Communications System (PACS)
- we’ve achieved excellent results against national standards

- and become an academic health sciences centre
- we’ve been recognised as the Trust of the year in the *Health Service Journal Awards*
- more babies are born here – in 04/05 there were 4,958 and in 08/09, 5,696
- more patients are being treated – in 04/05 there were 68,263 A&E patients and in 08/09, 86,239

Our members matter – it is your involvement that helps us to develop the hospital the community wants – thank you for your involvement over the years.

If you want to get more actively involved there are lots of opportunities: focus groups, forums and lectures. Membership also gives you a direct route to the governors so you can make your opinion heard and ask the questions that matter to you.

➡ See contact details on page 5.

## Election Results 2009

**Congratulations** to the seven governors elected and re-elected in this year’s Board of Governor elections. The successful candidates are:

<b>Judith Ewer</b>	Public constituency
<b>Eric Revell</b>	Public constituency
<b>Roly Cockman</b>	Public constituency
<b>Rachael May</b>	Staff constituency
<b>Susan Bullivant</b>	Patient constituency
<b>Jane Coston</b>	Patient constituency
<b>Bob Michell</b>	Patient constituency

All seven took up their three year term of office on 1 July 2009.

A big ‘thank you’ to Angela Donnelly, the outgoing staff governor. Angela’s been in post since we became a Foundation Trust in 2004 and has given five years of dedicated time and service. We wish her all the best.

➡ **Want to become a governor yourself?** Governor elections are held annually. If you’re interested in becoming a governor and you’d like to know more, contact the Membership Office – contact details are on page 5.

## Profile Judith Ewer – public governor

**In early** 2004 I found myself sitting for hours at the bedside of my son; watching the nurses come and go, meeting doctors with varying knowledge, support staff and healthcare workers – all dedicated and working together to care for and improve the health of my son.

Whilst in hospital I became aware of the leaflets around the hospital asking for members and governors, so I filled out a form and attended public governor meetings to learn more. I decided to stand for governor to represent the public members, who, like myself, want and expect to receive first class treatment from a world-class hospital. I was delighted to be elected to the Board of Governors in July 2004, and recently re-elected until 2012.

With my experience as a carer together with my knowledge as

a trained medical microbiologist and enthusiasm to help make a difference, I have tried hard to be the voice of the public members by being actively involved in a wide range of issues.

I thoroughly enjoy working as a member of the public alongside various medical and non-medical staff, and meeting regularly with the Trust’s directors and non-executive directors to discuss issues raised by public members. Being a governor gives me much enjoyment and satisfaction and I would urge other members – public, patient and staff – to consider being the voice of their local community.



Judith Ewer

# Staff 'share their views' with the new staff governor forums

**Staff governors** have been busy chairing monthly forums 'Share Your Views Direct' about hot topics that have sparked interest on the staff *Share Your Views* section of the *Connect* Intranet.

Topics covered so far – staff parking, site issues including smoking, the Food Court and healthy eating, and the new wayfinding project – have sparked some lively and useful debate with practical suggestions for action coming from staff. Talking about the recent session on wayfinding, staff governor Colin Carr comments: "Staff are really concerned about how confusing it can be for patients and visitors to find their way around the site. Staff have a lot of ideas about what we can do to improve things and in the discussion they've come up with some interesting and innovative ideas."

The forums are chaired by a staff governor and notes from the discussions are posted on *Connect* for all staff to see. The issues are then re-visited to see what actions have resulted directly from staff input.

If you're a member of staff keep an eye on *Connect* for details of future forums.

## Parking on the campus

Parking is always an emotive issue and features regularly in the media.

One of the first issues tackled at *Share Your Views Direct* was about car parking and staff put their questions to director of estates and facilities, Richard Howe, about their worries concerning the cost and availability of parking on site.

So how exactly is the money you pay for car parking used?



The Trust doesn't make a profit from car parking; all the money goes straight back into maintaining and improving parking and access facilities, including:

- **providing** 24-hour site security, patrols and CCTV
- **maintaining** covered car parks so they're well lit and secure
- **providing** enough parking spaces for the patients and visitors who really need them
- **maintaining** the on-site bus station, where over 60 buses an hour call
- **providing** concessionary parking for patients and visitors
- **running** the Patient Courtesy Bus – helping patients to get around the campus
- **enhancing** public footpaths and cycle routes

Staff have a lot of ideas about what we can do to improve things'

## Governors and staff help out with new Mealtime Volunteer Scheme



**Volunteers including** governors and staff have been helping out with a new mealtime scheme in the hospital. With appropriate training and working alongside the ward staff, volunteers help elderly patients to eat ... while at the same time providing a little conversation and company.

The potential benefits for patients enjoying a healthy diet on the wards are well-documented: quicker recovery and shorter stay. Elderly patients require the most help with nutrition – many come into hospital malnourished and this has prompted the introduction of this new scheme.

➡ **If you would like to take part – full training is given – please contact our voluntary services manager, Suzanne Rigby-Jones, on Tel: 01223 217356.**

# Calendar of events

**23 September 2009**

## **Staff Governor Forum**

1130–1300 hrs in the Boardroom: Staff please check *Connect* for details

**20 October 2009**

## **Staff Governor Forum**

1230–1400 hrs in the Boardroom: Staff please check *Connect* for details

**21 October 2009**

## **Meet the Governors: public drop-in session**

1400–1530 hrs at Walter Gidney Pavilion, Fountain Lane, Soham CB7 5PL

**17 November 2009**

## **Meet the Governors: public drop-in session**

1400–1530 hrs at Arbury Community Centre, Campkin Road, Cambridge CB4 2LD

**19 November 2009**

## **Staff Governor Forum**

1330–1500 hrs in the Boardroom: Staff please check *Connect* for details

**26 November 2009**

## **Medicine for Members Lecture**

1830 hrs, William Harvey Lecture Theatre, The Clinical School, Addenbrooke's Hospital.  
Mr Tariq Ahmad, Consultant Plastic & Reconstructive Surgeon: 'Perspectives in Ear Reconstruction'

**3 December 2009**

## **Board of Governors' Meeting**

1730 hrs, Frank Lee Centre, Addenbrooke's Hospital

**21 January 2009**

## **Meet the Governors: public drop-in session**

1400–1530 hrs at Longstanton Village Institute, High Street, Longstanton CB24 3BS

**4 February 2010**

## **Medicine for Members Lecture**

1830 hrs, William Harvey Lecture Theatre, The Clinical School, Addenbrooke's Hospital.  
Vikas Khanduja, Consultant Orthopaedic Surgeon: 'The history and evolution of total knee replacements'

## **Medicine for Members free lectures**

Do you have suggestions for future lectures?  
Let us know so we can try and arrange them.  
To attend any of these lectures, please call the  
NHS Foundation Trust Membership Office on  
**01223 256 256** to reserve a place, or email:  
**foundation.trust@addenbrookes.nhs.uk**

# Sally's letter



**W**elcome to this 'new-look' edition of *Members Matter*. I hope you find this issue interesting and informative and please get in touch if you have ideas for future items that you'd find useful.

Take a look at our calendar of events to see if there is something there for you. Our free *Medicine for Members* lectures always prove to be popular with a wide range of lively and topical subjects. Monthly 'Meet the governors' sessions for public and patient members take place all around the membership area and are open to all; pop in for a cup of tea and chat informally with our governors to discuss any issues of interest or concerns you may have. All hospital staff and staff members are also welcome to join the lively and topical debates with staff governors at our monthly on-site forums *Share Your Views Direct*. The topics debated are taken from the *Share Your Views on Connect* – see article on page 3 for more details.

Kind regards



**Sally Rees**  
Membership Manager

# News in brief...

## February

### World-first for peanut allergy desensitisation therapy

A group of children with peanut allergy no longer have to worry about severe immune reactions after taking part in the world's first successful peanut desensitisation programme.

Dr Andrew Clark's research involved patients eating daily doses of peanut flour. Please note that Dr Clark will be speaking at the 9 September 2010 *Medicine for Members* Lecture in the William Harvey Lecture Theatre at 1630 hrs.

## March

### Cambridge Eye Unit celebrated its official opening

The new Cambridge Eye Unit was officially opened in March. The unit boasts state-of-the-art facilities and is double the size of the previous eye surgery facility. The unit is the leading centre for specialist eye surgery in the eastern region, with two operating theatres and a 10-bed ward.

## April

### African visit for Addenbrooke's surgeon



Consultant plastic surgeon, Per Hall, visited Ethiopia for 10 days to help patients with cleft lip and palate. There are around 40,000 children and adults with untreated cleft lips and palates living in the country. While he was there he saw patients as old as 60 who had never received treatment.

## Help your friends and relatives to have their say

Please encourage your friends and relatives to become a member. They can join by visiting the Trust's website [www.cuh.ork.uk](http://www.cuh.ork.uk) or by calling the Membership Office on **01223 256 256**.

Patient and staff members' details are automatically withheld from general public view. Public members can also request that their details are not made available to members of the general public in the register of members. To do this, please call the NHS Foundation Trust Membership Office on **01223 256 256** or email [foundation.trust@addenbrookes.nhs.uk](mailto:foundation.trust@addenbrookes.nhs.uk)

## Do we know where you are?

Tell us if you've changed your name or address recently so we can continue to send you copies of *Members Matter* and voting papers. If you're a staff member and you've changed your job title, department or box number recently, please get in touch so we can amend our records.

**Members of staff:** don't receive this newsletter but would like to? Call us and we'll add you to our membership list. You need to be a permanent member of staff – or have a contract of at least 12 months duration – with a department address and box number.

## Contact details

NHS Foundation Trust  
Membership Office  
Box 146  
Addenbrooke's Hospital  
Hills Road  
Cambridge CB2 0QQ

**Tel: 01223 256 256**

**Email: [foundation.trust@addenbrookes.nhs.uk](mailto:foundation.trust@addenbrookes.nhs.uk)**  
or  
**[governors@addenbrookes.nhs.uk](mailto:governors@addenbrookes.nhs.uk)**

## ACTIVELY involved



ACTIVE marked its first birthday in the spring. This children's and young person's board was set up to give children and young people who come into hospital a voice in the way services should be developed. Already they have an impressive number of achievements to their name including designing a poster to explain the different uniforms on a ward and undertaking a survey in outpatients to help make the environment more 'youngster friendly'.



## May

### ACTing for men's health!

Addenbrooke's Charitable Trust (ACT) launched a fantastic new appeal for men's health by raising over £7,000 towards specialist ultrasound equipment used to diagnose and treat prostate and testicular cancer. You can still make a donation for this vital cause online at [www.buydadaday.com](http://www.buydadaday.com).



### Through the keyhole: live surgery gets one million viewers



A million viewers recently tuned in to watch surgeon Richard Hardwick and his team repair a patient's hiatus hernia on live TV. A UK first, this live surgery has never been broadcast before.

## June

### Researchers develop Alzheimer's test

A new mental agility quiz developed by researchers from the neurology team could help detect Alzheimer's disease more accurately than traditional tests. The new test is designed so that patients can carry out the tests themselves, potentially while sitting in a GP or hospital waiting room.

### Infection control success

CUH has beaten tough infection control targets set for 2008/09. Compared to 2007/08 figures, MRSA has reduced by 29%, and *Clostridium difficile* reduced by 26%. More than 650,000 patients came to hospital during 2008/09.



## July

### Sir Donald Sinden becomes Addenbrooke's Legacy Ambassador

Much loved star of stage and screen Sir Donald Sinden has taken on the role of legacy ambassador for Addenbrooke's Charitable Trust (ACT). Well known for his distinctive voice and commanding presence, Sir Donald will be the public face of a new ACT legacy campaign which aims to raise awareness of how much difference a gift left in a will to CUH can help in the prevention, diagnosis and treatment of ill health for patients in the future.

[www.act4addenbrookes.org.uk/legacy](http://www.act4addenbrookes.org.uk/legacy)

### Robot recovery

The first stroke rehabilitation robot in the UK is helping patients at Addenbrooke's get movement back in their shoulders and arms, and offers physiotherapists a new tool they can use to help patients regain movement.

For news in full visit  
[www.cuh.org.uk/news](http://www.cuh.org.uk/news)

**Members Matter – what do you want to hear about?**

Tell us what you think of this newsletter – are there topics you'd like to see in the next edition – early 2010?

Email [foundation.trust@addenbrookes.nhs.uk](mailto:foundation.trust@addenbrookes.nhs.uk) or write to us at:  
NHS Foundation Trust  
Membership Office  
Box 146  
Addenbrooke's Hospital  
Hills Road  
Cambridge CB2 0QQ