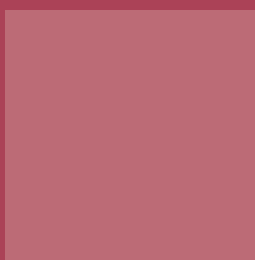
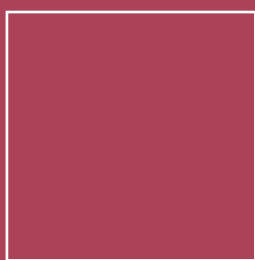
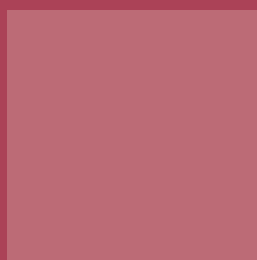
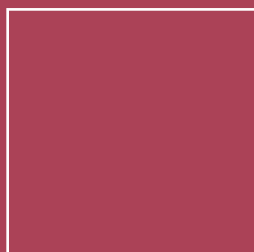
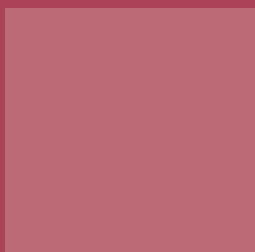


Members Matter



Your views
Your future



Winter 2010

Connecting members
with news & information

Governor Elections 2010

‘Standing for election as a governor represents an exciting and challenging opportunity’

In the forthcoming elections in early 2010 there are six governor positions available: two staff governors, three patient governors and one public governor. Standing for election as a governor represents an exciting and challenging opportunity for individuals who wish to contribute to the strategic development of the hospital. Existing patient governor, Maureen Hart, gives her views below on being a governor and if it sounds like something you wish to know more about, please get in touch with the Membership Office. An information pack is available and existing governors are always willing to talk to prospective candidates to tell you first-hand what is involved.

To stand for election you will need to complete the nomination form which will be available from Electoral Reform Services from 8 March 2010 – contact them via post or phone (contact details can be found at the bottom of this article).

Papers must be returned no later than noon on 1 April 2010. Prospective candidates must secure the signatures of two supporters who are members of the constituency in which they wish to stand. They will also need to complete a personal statement of no more than 150 words, provide a photograph of themselves and declare any interests as detailed on the nomination form.

Please consider standing for this important and worthwhile position – any one over the age of 16 is eligible whatever their background.

Electoral Reform Services Ltd

The Election Centre
33 Clarendon Road
London N8 0NW
T: **020 8889 9203**

☛ *For more information please contact the Membership Office – contact details on page 5.*

Governor elections calendar

8 March 2010	Notice of governor elections Nomination papers available from Electoral Reform Services (ERS)
1 April 2010 Noon	Deadline for submission of election nominations by candidates
6 April 2010	Statement of candidates published for governor elections
11 May 2010	Meet the staff candidates for governor elections 1230–1400 hrs in the entrance to the Food Court, Addenbrooke’s Hospital
12 May 2010	Meet the public and patient candidates for governor elections 1730–1900 hrs in the Lower Hall of the Centre at St Pauls, Hills Road, Cambridge CB2 1JP
19 May 2010	Closing date for governor elections
20 May 2010 Noon	Governor elections – results announced (will be available on CUH website)
1 July 2010	Term begins for newly elected governors

Profile Maureen Hart – patient governor

Having been a patient and recently retiring I decided to stand for governorship to add a new dimension to my life. Initially I felt I may be out of my depth due to my limited knowledge of the medical profession, but this hasn’t been the case, mainly due to the help and time so generously given by hospital staff and their interest in ensuring members’ comments are taken seriously by the governors.

A governor is all about being a two way source of information; representing patients and their views as well as keeping them aware of hospital plans. We attend open meetings around the membership area to gain feedback of patients’ experiences and to inform them of developments. We also attend focus groups at the hospital where members and patients are asked for suggestions and feedback to help improve aspects of care such as patient dignity, food and nutrition, and patient discharge.



Maureen Hart

These occasions are particularly helpful in ensuring governors are kept informed of members’ current views and vice versa. We also attend Board meetings and their relevant sub-committees. Overall governors are free to choose which events they attend based on their interests and knowledge. My time as a governor has been extremely rewarding and I would recommend it to others.

Addenbrooke's and the Rosie: safest hospitals in the region

Cambridge University Hospitals (CUH)

was recently awarded a 'best performing' rating for patient safety; the only hospital trust in the East of England to score so highly.

Dr Foster – an independent organisation which carries out health and social care research – has published the latest edition of its online Hospital Guide, which lets patients compare information about NHS services to make an informed choice about where they are treated.

The research uses the Hospital Standardised Mortality Ratio (HSMR) as a statistical way of measuring how likely patients are to die in a particular hospital. Developed by Professor Sir Brian Jarman of Imperial College, it measures the likelihood of individual patients dying – given their underlying condition, age and deprivation group – and then compares it to the actual number of deaths that occurred in other hospitals. That means that hospitals can be fairly compared with each other even if they treat very different patients. The HSMR is calculated by dividing the actual number of deaths by the expected number of deaths, then multiplying by 100 – so results below 100 mean there were fewer deaths than expected.

At Addenbrooke's and the Rosie – which, as specialist centres, see the sickest patients – the HSMR was just 80. That makes these the safest hospitals in the region. Overall, the Trust scored an almost-perfect 99.32 out of 100 for safety, putting it in the 'best performing' band. Just 13 other English hospitals were awarded this top rating.



We are committed to putting patients first – and that means that their safety is paramount.

Dr Gareth Goodier, the Trust's Chief Executive, said: "We are committed to putting patients first – and that means that their safety is paramount. Our strategy is to minimise all avoidable risks, but if something goes wrong then we analyse events and work out what needs to change. We've slashed our infection rates for MRSA and *C. difficile* further than anyone thought possible a few years ago and we've set out our aim to be kind, safe and excellent in everything we do – and these figures demonstrate that we've come a very long way. Having the right people makes a huge difference, and I am proud that the great team of professionals at Addenbrooke's and the Rosie has achieved this result."

Anne Frank tree planting

In November staff governor Jim O'Sullivan helped plant a chestnut tree in memory of Anne Frank who would have celebrated her 80th birthday in 2009. The tree also signifies the working partnership between CUH and the Anne Frank Trust. It is planted in the green space between the Frank Lee Centre and the staff multi-storey car park.

Anne Frank was a very special person who had wisdom beyond her years. She remains to this day an inspiration to people of all ages with her philosophy of peace, respect and tolerance towards all individuals.

CUH began working with the Anne Frank Trust in early 2009 to develop an 'Our Way' workshop package for staff. 'Our Way' outlines our vision, our purpose, our priorities and our values at CUH. This new workshop package aims to explore how we act towards each other as individuals – whether as patients or as colleagues – and how our values guide our behaviour with regards to dignity, equality and diversity.

The story of Anne Frank is used in the workshops as a starting point for discussion and a way of involving

everyone in challenging ourselves on the behavioural standards expected in the Trust. These workshops are now being rolled out across the Trust and over the next 18 months all staff will take part in them.



Staff governor Jim O'Sullivan planting the Anne Frank memorial tree with Chairman Dr Mary Archer

Calendar of events

17 February 2010

Meet the Governors

1400–1530 hrs King Edward Memorial Hall, Newmarket CB8 8JP

w/c 8 March 2010

Governors' Information Stall

All week in the entrance to the café at Cambridge Central Library, Grand Arcade

15 April 2010

Board of Governors' Meeting

1730 hrs Frank Lee Centre, Addenbrooke's Hospital

21 April 2010

Meet the Governors

1800–1930 hrs Bassingbourn Community Centre, Bassingbourn SG8 5NJ

26 May 2010

Meet the Governors

1400–1530 hrs The British Legion Hall, Cherry Hinton CB1 9HR

10 June 2010

Medicine for Members Lecture

1830 hrs William Harvey Lecture Theatre, The Clinical School, Addenbrooke's Hospital. Joint lecture with Cambridge & Peterborough Foundation Trust. Tony Jaffa, Consultant Child & Adolescent Psychiatrist: 'Teenage Anorexia Nervosa'

24 June 2010

Meet the Governors

1400–1530 hrs Littleport Village Hall, Littleport, Cambridge CB6 1EL

1 July 2010

Board of Governors' Meeting

1730 hrs Frank Lee Centre, Addenbrooke's Hospital

22 July 2010

Meet the Governors

1800–1930 hrs Steeple Bumpstead Village Hall, Steeple Bumpstead CB9 7EA

9 September 2010

Medicine for Members Lecture

1830 hrs William Harvey Lecture Theatre, The Clinical School, Addenbrooke's Hospital. Dr Andrew Clark, Consultant in Paediatric Allergy: 'A cure for nut allergy'

14 September 2010

Board of Governors' Meeting

1730 hrs Frank Lee Centre, Addenbrooke's Hospital

25 September 2010

Hospital Open Day and Annual General Meeting

Look for details on the CUH website and in the local press

Sally's letter



Dear Members

It's hard to believe another six months have passed, but then again it has been a busy time as plans for the 2020 site expansion have been developing. It's a particularly exciting time to be a governor if you are interested in the strategic planning and future development of the Trust's site. The annual governor elections will soon be with us so if you are interested in becoming a governor read our features on page 1. We have held numerous focus groups recently which have included topics such as infant feeding and hospital discharge. We've been out in the local area meeting patients and carers, and of course our lecture series 'Medicine for Members' continues to thrive. Check the calendar of events for future items and please let us know if you move or would prefer to be contacted by email or indeed wish to consolidate your mailings to one per household / department.

We hope you enjoy this issue and please get in touch if you have any comments.

With very best wishes for the coming year.

Sally Rees
Membership Manager

How supporting Addenbrooke's and the Rosie can help

Addenbrooke's Charitable Trust (ACT) raises extra funds for departments in Addenbrooke's and the Rosie. Many people like to support an area that they have a personal association with; but it is also possible to give to both hospitals. By doing so, it helps the charity work more cost-effectively and quickly so it can help support the areas in greatest and most urgent need.

ACT is supported by a number of committees, which includes members of the Foundation Trust, who help advise the charity on directing the funds where it is needed most.

An example of how donations given to the hospitals can help:



£35 could buy a specialist machine to help with the closure of open wounds

£100 could buy a games console for a children's ward

£1,164 could buy a pump to help deliver vital drugs and fluids to patients – as shown in the photo.

act
Addenbrooke's
Charitable Trust
Registered charity number: 1048868

To find out more contact:

Addenbrooke's Charitable Trust,
Box 126, Addenbrooke's Hospital,
Hills Road, Cambridge CB2 0QQ

T: 01223 217757

act@addenbrookes.nhs.uk

www.act4addenbrookes.org.uk

Help your friends and relatives to have their say!

Please encourage your friends and relatives to become a member. They can join by visiting the Trust's website www.cuh.org.uk or by calling the Membership Office on **01223 256 256**. If you would prefer to receive your newsletter by email, just let us know and make sure we have your current email address. If more than one person in your household is a member, you can opt to have just one copy of the newsletter sent to you either by post or email – just let us know.

Do we know where you are?

Tell us if you've changed your name or address recently so we can continue to send you copies of Members Matter and your voting papers.

Patient and staff members' details are automatically withheld from general public view. Public members can request that their details are not made available to members of the general public in the register of members. To do this, please call the NHS Foundation Trust Membership Office on **01223 256 256** or email foundation.trust@addenbrookes.nhs.uk.

Staff members:

Don't receive this newsletter but would like to?

- Call/email us and we'll add you to our membership list. You need to be a permanent member of staff – or have a contract of at least 12 months duration – with a department address and box number.
- Would prefer to receive your newsletter by email? Just let us have your current email address.
- Changed your job title, department or box number recently? **Please get in touch** so we can amend our records.

Contact details

NHS Foundation Trust Membership Office
Box 146
Addenbrooke's Hospital, Hills Road
Cambridge CB2 0QQ

T: **01223 256 256**

foundation.trust@addenbrookes.nhs.uk
or governors@addenbrookes.nhs.uk

News in brief...

For news in full visit
www.cuh.org.uk/news

August

The Core Biochemical Assay Laboratory was officially opened. The lab, which has been expanded and modernised is involved in major international and national studies, including research into diabetes and blood tests which may predict the onset of pre-eclampsia in pregnancy.

December

The achievements of CUH staff were celebrated at the very first Our Way Annual Awards; designed to reward staff for their dedication and service.

September

CUH and its partners launched the masterplan for the future of the site – the Cambridge Biomedical Campus – and its development as an international centre for patient care, biomedical research and education. The photograph on the front cover shows the development plan.

October

The Care Quality Commission rated CUH as 'good' for both quality of services and use of resources in the annual NHS Health Check.

November

The world's fastest computed tomography (CT) scanner was installed. It can examine an entire heart in a quarter of a second – less than half a heartbeat.

January



L-R: Chief Executive Dr Gareth Goodier, Deputy Chairman of the Board of Governors Judy Ewer and Ann Keen MP unveiling the signed copy of the NHS Constitution

CUH became the home of a commemorative copy of the NHS Constitution, which contains the principles and values of the NHS for England. A permanent display of the Constitution, signed by the Prime Minister and the Secretary of State for Health, was unveiled in January in the main Addenbrooke's Hospital entrance by Ann Keen MP, Parliamentary Under Secretary for Health Services at the Department of Health.

Living kidney donation programme

In his role as transplant co-ordinator at Addenbrooke's Hospital, staff Governor Jim O'Sullivan has been working on the living kidney donation programme for several years. Here's a brief insight into the programme and how you can be part of it to help save someone's life.

In the UK living donation is increasing rapidly and now represents more than a third of all kidney transplants. Although donation to a relative or friend is more common, it is also possible to be an anonymous or 'altruistic' donor. Over forty living donor transplants were performed at Addenbrooke's last year and the transplant unit now has three living donor transplant co-ordinators who take the lead in arranging the extensive testing and counselling required.

Living kidney donation is becoming increasingly important, particularly with the falling number of organs being donated from deceased people and the resulting long waiting lists. Living kidney donation has a number of benefits: waiting time is reduced so patients are less likely to die whilst waiting for a transplant (it's not uncommon for patients to wait 3–5 years for a kidney from a deceased person). Operations are planned so the time the kidney is outside the body is considerably reduced. In general, living donor kidney transplants function better, have fewer complications and last slightly longer than deceased kidney donor transplants.

If you are interested in any aspect of living donation please contact the living donor team on **01223 596177** for more information, or visit www.uktransplant.org.uk

Could you be a Reader Panel member?

The Trust's Reader Panel is a voluntary group who read and evaluate new patient information leaflets. Working from home, panel members review a selection of leaflets each month to ensure the information is clear, understandable and helpful to patients. Comments received are then fed back to the authors.

Panel members' involvement is a valuable step in producing effective patient information. We are currently looking for new panel members to reflect our wide multicultural community, so if you are aged over 18 and interested please call the Patient Information Team on **01223 216032** or email patientinformation@addenbrookes.nhs.uk

Members Matter – what do you want to hear about?

Tell us what you think of this newsletter – are there topics you'd like to see in the next issue? Get in touch and let us know.

Email foundation.trust@addenbrookes.nhs.uk or write to us at:

NHS Foundation Trust
Membership Office
Box 146
Addenbrooke's Hospital
Hills Road
Cambridge CB2 0QQ