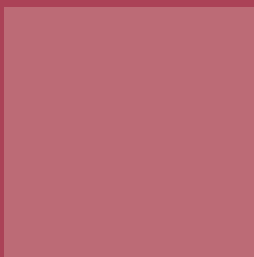
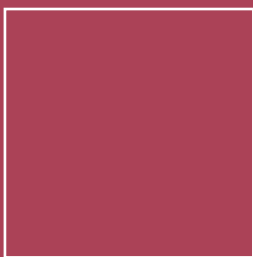
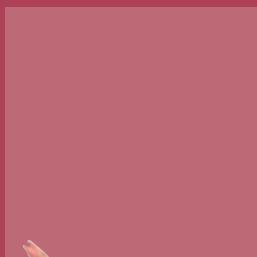
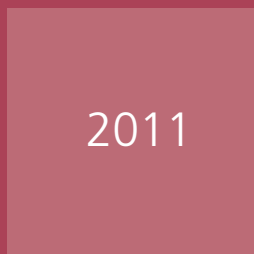
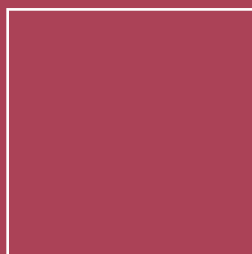
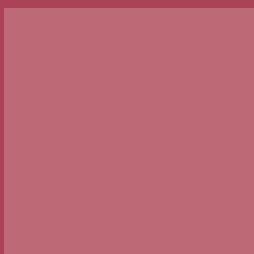


Members Matter



Your views
Your future



2011

Connecting members
with news & information

Be involved... Be active... Be

Could you help make a difference to our

Are you interested in the hospital and care about the decisions that are made? Would you like to be involved in hospital developments? Could you be the voice of the community so that decisions made reflect the views of our patients and local community? If so why not become a governor.

This year six positions are available: one staff, two patient and three public governors. To put yourself forward as a candidate, all you have to do is be a member of the Trust in the same constituency for which you wish to be a governor, provide two supporters who are similarly members of the same constituency, and request a nomination pack

from the Electoral Reform Services, who are our official independent scrutineers. You will be asked to write a short paragraph (no more than 150 words) as an election statement saying why you should be elected. It really is that simple.

There are virtually no barriers to being a candidate; you just need to believe in the Trust's values, have high quality patient care as a core interest, and have a strong belief in the value of public/patient opinion and involvement.

If you are tempted and wish to find out more about being a governor at CUH, please contact the Membership Office.

Governor Profiles

Jim O'Sullivan – staff governor



Jim O'Sullivan

So much has changed at the Trust and within the NHS since the first elections took place in 2004. Over the past year, our focus has very much been on the challenging financial situation, and how we can manage this whilst still pursuing the necessary development of site and services, including the Rosie extension and Papworth's planned move onto the Cambridge Biomedical Campus.

As a staff governor representative on the Management and Staff Forum, I regularly discuss issues as diverse as employment policy, access, safety and welfare, finance and performance. The way management and staff-side organisations work together for the good of the organisation and its employees is impressive. I've also attended

action planning workshops arising from staff surveys. Governor committees give valuable opportunities to share information and feedback to directors, other governors and members.

Looking ahead I see several challenges for the new year but I hope to see the Trust continue its development of the patient safety agenda despite the financial pressures, in order to make sure we remain the best in all we do.

As a nurse at Addenbrooke's for the past 30 years I understand the need to balance the interests of patients, staff and the organisation as a whole. I feel strongly that if you don't get involved you will never change anything, I feel privileged to be a governor of Cambridge University Hospitals (CUH).

Susan Bullivant – patient governor



Susan Bullivant

I have a chronic auto-immune illness that has meant I have been admitted to different departments and clinics of Addenbrooke's over the years. On one visit, I picked up a leaflet inviting people to join its membership. I felt that I could use my experience to give something back so I decided to stand and was first elected as a patient governor in 2004.

The governors bring a diverse range of skills, backgrounds and interests to the Board.

We try to find the most effective ways of communicating with patients, carers, staff and the general public – not an easy task but very rewarding. In addition to open meetings we hold focus groups to discuss ways of improving the service in a particular area. We also give presentations to different local groups including Parish Councils. I am the designated governor on the Equality

and Diversity Committee and recently attended a conference run by the Cambridge Ethnic Community Forum enabling me to build links and identify specific issues for them which I can feedback to the Trust.

Governors receive briefing seminars to ensure they are well-informed and channels of communication are kept open with regular Governor/Director Working Groups. As Chair of the Forward Planning Group, I am particularly interested in how the necessary investment in research, buildings, equipment and infrastructure, necessary for a world-leading hospital, is made within strict budget constraints.

Being a governor is a two way street – it is a big commitment but I have gained so much from the people I have met and worked with. I highly recommend it.

a governor

future?

Below is the full election calendar. Nomination papers will be available from Electoral Reform Services from **Monday 7 March** and must be completed and returned no later than noon on 31 March 2011:

Electoral Reform Services Ltd

The Election Centre
33 Clarendon Road
London N8 0NW

Tel: **020 8889 9203**

or email:

customerservices@electoralreform.co.uk



Do you have good ideas and opinions about making hospital better for children?

Come and join us if you are aged between 8 and 18 years!

We are the Children and Young People's Board called Active. We are a voluntary group who want to improve the hospital experiences of all children and young people coming to Addenbrooke's Hospital.

Over the past year we have worked on getting a gorgeous garden for all ages, a cool chill out for teens and a bright playroom updated and sorted on ward D2.

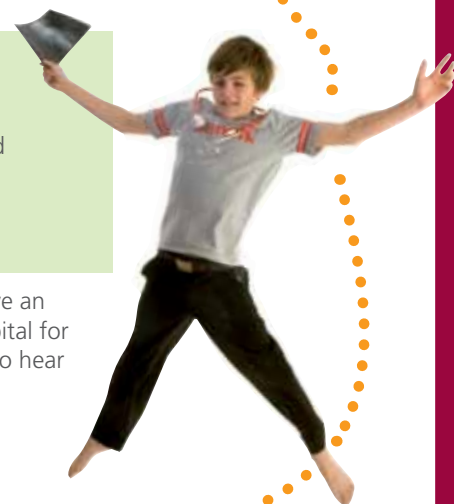
Do you have ideas on how to improve other areas of the hospital? Could you give some of your time and get involved with our exciting new projects?

Active members believe that we need age appropriate information when coming into hospital, and we'll be launching a website for children later this year. We need Active reader volunteers to work with the hospital staff and get the right information produced for the website. Come and learn more about your hospital and get involved. We meet once a month on the last Wednesday from 1700-1830hrs. If you're interested please contact:

Kirsty Lothian
Active Co-ordinator, Children's Services
Box number 267, Addenbrooke's Hospital
Cambridge Biomedical Campus, Hills Road
Cambridge, CB2 0QQ
Tel: **01223 349272** or
e-mail: active@addenbrookes.nhs.uk

If you don't want to join Active but you have an idea about how we could improve the hospital for children and young people we would love to hear from you too.

Your opinion counts and you too can make a difference!



Elections calendar 2011

Mon 7 March **Notice of governor elections**
Nomination papers available from Electoral Reform Services

Thurs 31 March **Deadline for submission of nominations**
By 1200hrs

Tues 5 April **Statement of candidates published**

Thurs 5 May **'Meet the candidates' event for staff governor nominations**
1230-1400 hrs,
entrance to the Food Court,
Addenbrooke's Hospital

Thurs 12 May **'Meet the candidates' event for patient and public governor nominations**
1730-1900 hrs in the Lower Hall of the Centre at St Pauls, Hills Road, Cambridge CB2 1JP

Weds 18 May **Closing date for governor election**
By 1200 hrs

Thurs 19 May **Elections result announced**
(see CUH website)

Fri 1 July **Term begins for newly elected governors**

Keep an eye on our website to find out more about future events: www.cuh.org.uk

Calendar of member events 2011

Weds 16 February	Girton Parish Council meeting 1930 hrs at The Pavillion, Girton Recreation Ground, Girton BB3 0FH
Thurs 17 February	Medicine for Members lecture 1830 hrs William Harvey Lecture Theatre, Clinical School 'Accidents will happen' with Dr Susan Robinson, Consultant in Emergency Medicine and Deputy Medical Director
Thurs 3 March	Board of Governors' meeting 1730 hrs The Boardroom
Weds 9 March	Stapleford Parish Council meeting 1930 hrs at the Community Lounge, Fox's Close, Stapleford CB22 5SP
Weds 20 April	Croydon Parish Council meeting 1930 hrs at the Reading Room, Croydon High Street, Croydon, Nr Royston
Tues 10 May	Coton Parish Council meeting 1800 hrs at the WI Hall, High Street, Coton CB23 7PL
Thurs 19 May	Board of Governors' meeting 1730 hrs The Boardroom
Thurs 9 June	Medicine for Members lecture 1830 hrs William Harvey Lecture Theatre, Clinical School, Addenbrooke's Hospital 'Autism – a story of hide and seek' with Dr Asif Zia, Clinical Director for Specialist Services, Cambridge & Peterborough NHS Foundation Trust. Joint lecture between the two Trusts.
Thurs 8 September	Medicine for Members lecture 1830 hrs William Harvey Lecture Theatre, Clinical School, Addenbrooke's Hospital 'The management of Coeliac disease' with Dr Jeremy Woodward, Consultant Gastroenterologist & dieticians.
Thurs 15 September	Board of Governors' meeting & Annual General Meeting 1730 hrs Frank Lee Centre, Addenbrooke's Hospital
Thurs 17 November	Medicine for Members lecture 1830 hrs William Harvey Lecture Theatre, Clinical School, Addenbrooke's Hospital 'The history & treatment of haemophilia' with Kingsley Lawrence, Haemophilia Specialist Nurse
Thurs 24 November	Board of Governors' meeting 1730 hrs The Boardroom

Sally's letter

Dear Members

Thank you to all our 21,000+ members for your continued interest and support in CUH over the past year. Members have attended some fascinating lectures and participated in focus group meetings to discuss proposed changes in a variety of areas, such as Haemophilia, Children's Services, Information Governance, Oncology and the prevention of patient falls. Feedback on the experiences of members, patients, carers and visitors are all crucial to continued improvement and the Trust is very grateful that so many of you are willing to get actively involved.

Not all our members choose to be quite so 'hands on' of course and there is absolutely no obligation to be so, but with the governor elections for 2011 fast approaching, I hope that some of you may look at the governor profiles and be tempted to think 'I could do that'. If you would like to find out more, feel free to have an informal chat about what is involved, either with me or an existing governor. There are big changes afoot in the health service nationally and of course the Trust is planning to expand its services over the next decade, so it is a great time to get involved and have your say. Please do get in touch (full contact details on the back page) with your interests or concerns, suggestions for topics for our Medicine for Members Lectures or with any general comments about the content of this newsletter. All comments welcome!

Best wishes to you all for 2011.



Sally Rees

Membership Manager



THE
ROSIE
HOSPITAL
CAMPAIGN

Supporting the new Rosie

ACT, the independent registered charity helping to make a difference for patients at Addenbrooke's and the Rosie hospitals has launched its ambitious new campaign to support the expansion of the Rosie.

In recent years, thanks to many generous donations from members of the community, ACT has been able to fund new equipment, training and research to help the Rosie save more precious lives.

Now The Rosie Hospital Campaign plans to raise £7 million to support the transformation of the hospital and ensure it continues to be among the best in the world. This year ACT is inviting the local community to be part of this once-in-a-lifetime opportunity to transform the Rosie with the aim of raising £500,000 towards its goal.

There are many ways to get involved from organising a fundraising event such as a fun run, coffee morning or garden party to making a gift towards a chosen item on the John Lewis online Rosie Gift List.

To find out more about getting involved or making a gift please visit

www.therosiecampaign.org.uk

or contact:

**ACT, Box 126, Addenbrooke's Hospital,
Hills Road, Cambridge CB2 0QQ**

Tel: **01223 217757**

Email: act@addenbrookes.nhs.uk

Registered charity number: 1048868



**Making a difference
for patients**

A new era for the Rosie

Construction of the eagerly awaited multi-million pound extension to the Rosie officially began on Monday 17 January – with a special turf cutting ceremony to mark the occasion.

In 2008/9, there were more than 5,500 deliveries at the Rosie, but in little more than a decade, that figure is expected to reach 7,500, hence the need for extra space.

Plans for the three-storey extension include a purpose built midwife-led birthing unit with 10 en-suite rooms, each with its own birthing pool; expanded intensive care units for babies who need extra care after birth; overnight en-suite accommodation for parents to stay close to their baby if they are being cared for in the intensive or special care baby units; expanded foetal medicine department and day assessment unit offering diagnostic tests and monitoring for women with high-risk pregnancies. The plans also include an MRI scanner for mother and baby, a counselling suite, café area and relaxing outside spaces.

Access to the Rosie Hospital is currently via the Addenbrooke's Treatment Centre (ATC) – parking is available in the patient and visitor car park opposite the ATC.



Public consultation for prosthetics and orthotics service

The service contract for prosthetics (artificial limbs) and orthotics (limb braces, supports, special shoes, etc) is due for renewal next year and we are taking this opportunity to look at how we can improve the clinic facilities. To help deliver a better service and to make sure that we take the right decisions we are consulting with patients who use the clinic. The consultation will take the form of a questionnaire and a series of focus groups, the results of which will help inform our decision.

We already know there are some issues with car parking and that the layout of the existing building is not ideal. Through the consultation process we will consider how we should improve the way we run the service, the merits of upgrading the clinic at Addenbrooke's and the benefits of finding suitable accommodation elsewhere in the community.

If you are interested in taking part in this consultation by giving us the benefit of your valued opinions and experiences of this service, please contact the Membership Office to find out how you can help. Details of how to get in touch are at the end of this newsletter.

Addenbrooke's and the Rosie are region's safest hospitals

Cambridge University Hospitals has once again been identified as the safest hospital trust in the East of England by NHS research organisation Dr Foster – an independent organisation which carries out health and social care research.

The Trust has the region's lowest standardised mortality ratio, with a particularly low rate for deaths following hip fracture. Overall, the results demonstrate that Addenbrooke's and the Rosie are two of the safest hospitals in the country.

For news in full visit
www.cuh.org.uk/news

Membership

If you are not a member already, membership is easy, free and without obligation. Fill out an application form (available from address below) or go on-line www.cuh.org.uk/members. If you are already a member but have changed your contact details, whether that is your name/address (for public and patient members) or your job title or box number (for staff members) please let us know. If you would prefer to be contacted by email please make sure we have your details and if you would like to receive only one copy of the newsletter per household please let us know so that we can consolidate mailings and save paper and postage.

Patient and staff members' details are automatically withheld from general public view but public members can also request that their details be withheld from view within the register of members.

Contact details:

Membership Office
Cambridge University Hospitals NHS Foundation Trust
Box 146, Addenbrooke's Hospital
Cambridge Biomedical Campus, Hills Road
Cambridge CB2 0QQ

Tel: **01223 256 256**

Email: foundation.trust@addenbrookes.nhs.uk
or governors@addenbrookes.nhs.uk

Members Matter – what do you want to hear about?

Tell us what you think of this newsletter – are there topics you'd like to see in the next issue? Get in touch and let us know.