

If you have not heard from us within three weeks you can be assured all your tests are okay, as long as you gave us the correct details.

The clinic is confidential. No information about you leaves the clinic without your permission, not even to your GP.

Please allow at least one and a half hours for your first visit.

**Males: please do not pass urine for at least three hours before your appointment.**

**Females: please ensure you do not have your period at the time of your appointment.**

### How to find us:

Please follow the wayfinding signs.

### Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

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## Clinic 1A Department of GU Medicine

### Patient Information

# Appointments and advice leaflet

### For appointments and/or advice:

**01223 217774**

[www.shac.co.uk](http://www.shac.co.uk)

[www.ssha.info](http://www.ssha.info)

**To book an appointment online:**

[www.sexualhealthcamb.nhs.uk](http://www.sexualhealthcamb.nhs.uk)

## **Our services include:**

- Testing and treatment for genital infections.
- Diagnosis and treatment of genital skin conditions.
- Information and advice on all aspects of sexual health.
- HIV testing and discussion.
- Treatment and care for people with HIV infection .
- A weekly young person's walk-in clinic including emergency contraception.
- Testing for Hepatitis B and C and Hepatitis B vaccination.
- Free condoms and lubricants.
- Support and information following a sexual assault.

## **Clinic times:**

### **Monday to Friday:**

09:00 to 13:00 hours

14:00 to 16:30 hours

The Clinic does also offer an evening clinic, please phone the clinic for further information.

Late clinics are run on a Thursday.

**Please ensure you phone for an appointment.** We are unable to offer a walk-in service for 80 routine care due to a high demand for our service.

If you have an urgent problem, please ask to speak to a nurse or a health adviser to discuss this further.

Out of hours advice is available from NHS Direct on 0845 46 47 (24 hours) or [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)

## **Sexual Health Advice Centre for Young People (SHAC)**

If you are 19 or under you can just walk-in to the clinic between 12:00 and 14:00 hours every Monday except Bank Holidays. We also offer appointments on Mondays 14:00 to 16:30 hours. Please phone to arrange an appointment.

## **Fast HIV testing:**

Every Tuesday between 09:00 and 10:00 hours by appointment.

## **Who do I need to see?**

If you have symptoms that you are concerned about, it is important that you book an appointment with a doctor.

If you would like to have a check for genital infections (including sexually transmitted infections) and do not have any symptoms, you can book an appointment with a specialist nurse.

If you would like only blood tests for HIV, Hepatitis B and C or syphilis, please book an appointment with a health adviser. They will also be able to help with general concerns about your sexual health.

Your visit will involve a discussion with a doctor, specialist nurse or health adviser. They will arrange for any necessary tests or treatments to be carried out.

A health adviser is available to discuss any concerns you may have about your sexual health.

In the majority of cases, to save you further visits to the clinic, we will contact you if any of your results require further action. It is, therefore, extremely important that we do have an up to date method of contacting you.