
Ward D10: Infectious Diseases

Welcome to ward D10

About Ward D10:

D10 is an 11 bedded isolation ward for patients that have an infection that requires the specialist knowledge and care from the infectious disease team. Each of the rooms have a toilet, shower facilities, a fridge and patient line facilities, which provides free television for our patients.

Contact details:

- 01223 217314
- 01223 217315

Directions and travel:

- Go to the main lifts just out of the concourse. Take the lift to level 10. When you come out of the lift turn left and D10 is in front of you. Please use the buzzer at the door to gain access to the ward.
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

On your arrival:

You will be greeted by one of the nurses looking after you and shown to your room. The nurse will introduce herself and make you comfortable in your room explaining where everything is that you need. They will then complete some paperwork to admit you to the ward.

Staff:

The staff on D10 wear scrubs:

- navy blue – sisters
- cornflower blue – staff nurses
- turquoise – health care assistants
- grey/blue – housekeeping/domestic staff

Visiting hours:

- Visiting times are open but we do have a rest period for our patients from 12:00 - 14:00 daily and we ask if you could avoid visiting at these times. If this is difficult please contact the ward and speak to one of the nurses who will be able to help you.
- When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.
- **Flowers are allowed on the ward. However, it would be advisable to have either plants or flowers that are already in their own containers as there are no vases on the ward.**
- To help us prevent the spread of any infections, please ask visitors to use the hand rub at the entrance to the ward on arrival and on leaving.

Infection control:

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website:
<http://www.addenbrookes.org.uk/patientinformation/index.html#i>

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

Food and drink:

- Meal times – breakfast 08:00, lunch 12:00 and dinner 17:15.
- If you miss a meal then please speak to a member of staff who will be able to order you a missed meal.
- You can bring drinks and things to keep in your fridge in the room, but please remember that they should be used by the sell by date.
- Tea rounds are 08:00, 10:00, 13:00, 15:00, 17:00 and 20:00, but please feel free to ask if you would like a drink in between these times.

Ward facilities:

- The toilet facilities in the rooms are for patient use only. There are some toilets just outside of the ward that are for visitors to use.
- We have a quiet room on the ward that can be used to examine outpatients but also can be used for discussions with the medical staff if needed.
- The nearest machine for patient line cards is on level 8 – turn left out of the lift and left again and it should be right in front of you.
- If you have any problems with patient line please speak to the nurses and they will advise you what to do.

Clothing and laundry:

- Relatives/friends take responsibility for laundering clothes.
- Whilst in hospital patients may like to wear their day clothes.

Who to contact for further advice/questions

- **If you have any questions about your relative please contact the ward and speak to the nurse in charge who will be able to help you.**
- If possible please call after 08:00 hours, the changeover of nursing staff will be complete by this time.
- To discuss care issues, please contact the Ward Manager.

Drug rounds

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.

Doctor's ward rounds

- The doctors will visit you on a daily basis but the times may vary.
- Please note you may not see your consultant everyday.
- The consultant does his ward round on a Wednesday morning each week.



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

patient.information@addenbrookes.nhs.uk



Document history

Authors	Infectious diseases ward
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