

---

## Day Surgery Unit

# Cystoscopy - Examination of the bladder

Your doctor has advised that you have a Cystoscopy. This is a procedure where the doctor can examine the lining of the bladder using an instrument called a cystoscope.

### The procedure

In order to perform the examination, the doctor will insert the cystoscope into the bladder via the urethra (the pipe leading to the bladder). This procedure can be done under general anaesthetic which will involve using a rigid cystoscope. If the procedure is done under local anaesthetic a flexible cystoscope will be used. The decision as to which procedure you need will have been made previously by your doctor.

Once the cystoscope is in place the examination will only take a few minutes to complete. A telescopic lens and a light source are attached to the cystoscope. Some sterile water will fill the bladder so that all the lining can be inspected. You will be told of the findings and the need for any further treatment.

### After the procedure

If having the procedure under local anaesthetic, you will return to the ward and will need to pass the fluid that has been used to fill your bladder. You will be discharged shortly afterwards.

If having the procedure under general anaesthetic, you will be discharged from the ward when the doctors and nurses feel that you are ready. This is usually approximately one to two hours following the procedure.

### After discharge

When you go home it is important that you drink plenty of fluids for the next 24 to 48 hours in order to flush your system through. You may find that when you first pass urine it stings or burns slightly, it may also be slightly blood stained. If you continue to drink plenty of fluids this discomfort and bleeding should clear up quickly.

If these symptoms do not clear up, your urine becomes cloudy or offensive smelling, or you have an increased temperature please contact your GP.

## Further information

If you are worried about your condition contact either:

- Your GP
- The day surgery unit on 01223 256330 (08:00 to 18:00 Monday to Friday)
- Ward J3 01223 348155



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

## Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

[patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)



## Document history

Authors	Day Surgery Unit
Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ <a href="http://www.cuh.org.uk">www.cuh.org.uk</a>
Contact number	01223 256330
Publish/Review date	April 2011/April 2014
File name	Cystoscopy
Version number/Ref	2/PIN0194