

Department of Ophthalmology

Blepharitis

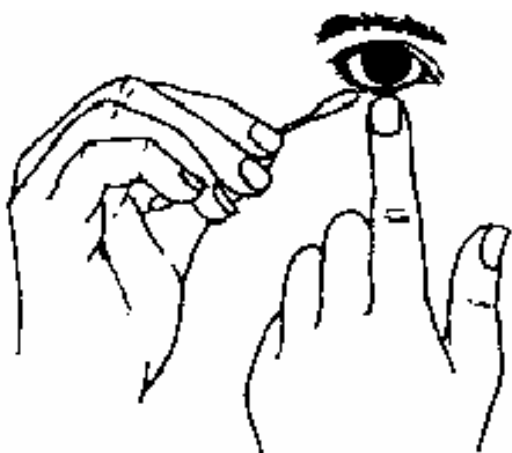
Blepharitis is a condition affecting the eyelids. It is a long term condition usually associated with dandruff in the hair. The eyelids become red scaly and sore or itchy. They may also become ulcerated due to infection.

Treatment for blepharitis is regular cleaning of the eyelids for as long as the symptoms persist.

If you have been advised by your doctor to clean the eyelids, the following information should be of help to you.

You will need:

- small bowl or basin
 - cool boiled water
 - baby shampoo
 - cotton buds
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- Pour 100mls of cool boiled water into the bowl and add a few drops of baby shampoo.
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- Dip the cotton bud in the soapy water and gently clean along the upper and lower eyelids at the root of the eye lashes.



Repeat this process every morning and evening to keep the lids clean.

Blepharitis is an ongoing condition which is likely to recur in the future. If symptoms return, resume the eyelid hygiene regime.

If you have any problems or questions about lid hygiene, please do not hesitate to ask any member of the medical or nursing staff caring for you.

Contact details

Cataract Clinic

Telephone: 01223 216711

Clinic 3

Telephone: 01223 217778



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Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Informacje te można otrzymać w innych językach, w wersji dużym drukiem lub audio. Zamówienia prosimy składać pod numerem: 01223 216032 lub wysyłając e-mail: patient.information@addenbrookes.nhs.uk

Polish

Se precisar desta informação num outro idioma, em impressão de letras grandes ou formato áudio por favor telefone para o 01223 216032 ou envie uma mensagem para: patient.information@addenbrookes.nhs.uk

Portuguese

Если вам требуется эта информация на другом языке, крупным шрифтом или в аудиоформате, пожалуйста, обращайтесь по телефону 01223 216032 или на вебсайт patient.information@addenbrookes.nhs.uk

Russian

若你需要此信息的其他語言版本、大字體版或音頻格式，請致電 01223 216032 或發郵件到: patient.information@addenbrookes.nhs.uk

Cantonese

Bu bilgiyi diger dillerde veya büyük baskılı ya da sesli formatta isterseniz lütfen su numaradan kontak kurun: 01223 216032 veya asagidaki adrese e-posta gönderin: patient.information@addenbrookes.nhs.uk

Turkish

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Bengali

Document history

Authors	Ophthalmology Department
Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.cuh.org.uk
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