

Department of Oral and Maxillofacial Surgery

Bone graft from hip

This leaflet is designed to improve your understanding of your forthcoming treatment and contains answers to many of the common questions. If you have any other questions that the leaflet does not answer or would like a further explanation please ask your surgeon.

What is a hip graft?

One of the easiest ways of filling in a hole in a jaw bone is to use bone from the hip. A 'hip graft' involves collecting bone from the pelvis above the hip joint. You can usually feel the area of bone that will be used since it forms a bony lump some six inches (20cm) above and in front of the hip joint.

What does the surgery involve?

A cut will be made through the skin immediately overlying the section of bone that will be removed. The length of the cut depends on how much bone your surgeon needs. If only a small amount of bone is required the cut may only be a couple of inches long.

What will the area be like once the bone has been removed?

At the end of the operation the incision will be carefully stitched together. Depending on the amount of bone that is removed, a small plastic tube ('drain') may be placed into the wound. This tube is connected to a bottle and allows any tissue fluid or blood to drain out of the wound. The drain usually stays in place for a day or so.

What can I expect after the operation?

- The hip tends to be sore for at least a few days even if only a small amount of bone has been collected.
- If large amounts of bone have been removed, the area may be sore for a couple of weeks.
- As the area around the hip is sore you may have some problems walking and you may need to use a walking stick for a few weeks after the operation.

How long will I be in hospital?

Your length of stay depends not only on your hip graft but also on the other procedures that you have had carried out at the same time. You should expect to stay in hospital for a couple of days.

Do I need to do anything when I get home?

- A dressing will have been put over the hip wound after surgery.
- You need to keep the area dry until the dressing has been removed.
- There are no stitches to be removed as they are buried under the skin.
- You should remember that you cannot drive or operate machinery for 24 hours after a general anaesthetic.
- If you find walking difficult when you get home you may also not be able to drive for a while. It is only safe to drive again when you can safely perform an emergency stop in your vehicle.

Adapted from:

British Association of Oral and Maxillofacial Surgeons.

<http://www.baoms.org.uk/>



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or patient.information@addenbrookes.nhs.uk

Polish

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem Informacji Pacjenta (Patient Information) pod numerem telefonu: 01223 216032 lub pod adresem patient.information@addenbrookes.nhs.uk

Portuguese

Se precisar desta informação noutra língua, em impressão de letras grandes ou formato áudio, por favor peça ao departamento que contacte a secção de Informação aos Doentes (Patient Information) pelo telefone 01223 216032 ou através do e-mail patient.information@addenbrookes.nhs.uk

Arabic

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يمكنك أن تطلب من القسم الاتصال بمعلومات المريض على الرقم: 01223216032 أو عبر البريد الإلكتروني: patient.information@addenbrookes.nhs.uk

Cantonese

如您需以另一語言版本、特大字體或錄音形式索取本資料，請要求部門聯絡病人諮詢服務：電話 01223 216032，電郵地址 patient.information@addenbrookes.nhs.uk

Turkish

Eğer bu bilgileri başka bir dilde veya büyük baskılı veya sesli olarak isterseniz, lütfen bulunduğunuz bölümdeki görevlilere söyleyin Hasta Bilgilendirme servisini arasinlar: 01223 216032 veya patient.information@addenbrookes.nhs.uk

Urdu

اگر آپ کو یہ معلومات کسی دیگر زبان میں، بڑے الفاظ میں یا آڈیو طریقہ سے درکار ہوں تو برائے مہربانی اس شعبہ سے پیشینٹ انفارمیشن سے ذیل کے ذریعہ رابطہ کرنے کی درخواست کریں: 01223 216032 یا patient.information@addenbrookes.nhs.uk

Bengali

আপনি যদি এই তথ্য অন্য কোন ভাষায়, বড় অক্ষরে বা অডিও রেকর্ডিং পেতে চান তাহলে 'প্যাশেন্ট ইনফরমেশান' এর সঙ্গে 01223 216032 নম্বরে ফোন করে বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করে যোগাযোগ করার জন্য ডিপার্টমেন্টটিতে অনুরোধ জানান।

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Authors	Mr David Adlam
Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.cuh.org.uk
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