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# Clinical Neurophysiology

## How to find us

Welcome to Addenbrooke's Hospital. We hope this information sheet will answer any questions you may have about getting to your appointment.

Most people make their own way to Addenbrooke's. For directions, see the map.

### Car

Parking spaces are limited, so please consider a different option.

From 18<sup>th</sup> April 2007, for all outpatient appointments please use the 'Patient and Visitor Main Hospital Car Park (Multi-Storey)'. Access is via the Adrian Way entrance.

If you are a patient with an outpatient appointment, parking charges are £3.00 for each visit. You can get your ticket validated at the customer service desk in the main hospital car park.

Visitors can also use this car park. Charges for visitors are:

- The minimum charge is £1.80 (for up to one hour)
- Up to two hours: £3.00
- Up to four hours: £5.00
- Up to six hours: £9.00
- Up to eight hours: £12
- Over eight hours: £15.00

### Park and Ride

Addenbrooke's is accessible from all the Cambridge Park and ride sites, but the two closest are Babraham road and Trumpington.

**Babraham Road:** situated approximately one mile south of the hospital along the A1307 from Haverhill.

The 99 route takes four minutes to get to Addenbrooke's and goes every 10 minutes, Monday to Friday.

**Trumpington:** situated approximately one and a half miles to the south west of the hospital. Leave the M11 at junction 11 and head towards Cambridge. If you keep to the nearside lane, this will take you directly into the Park and Ride site.

The H1 shuttle bus takes 11 minutes to Addenbrooke's and goes every 15 minutes Monday to Friday. **Do not get on the blue Trumpington Park and Ride buses because they do not call at Addenbrooke's.**

## Bus

Telephone 01223 423578 for details of regular bus services between Addenbrooke's and the city centre.

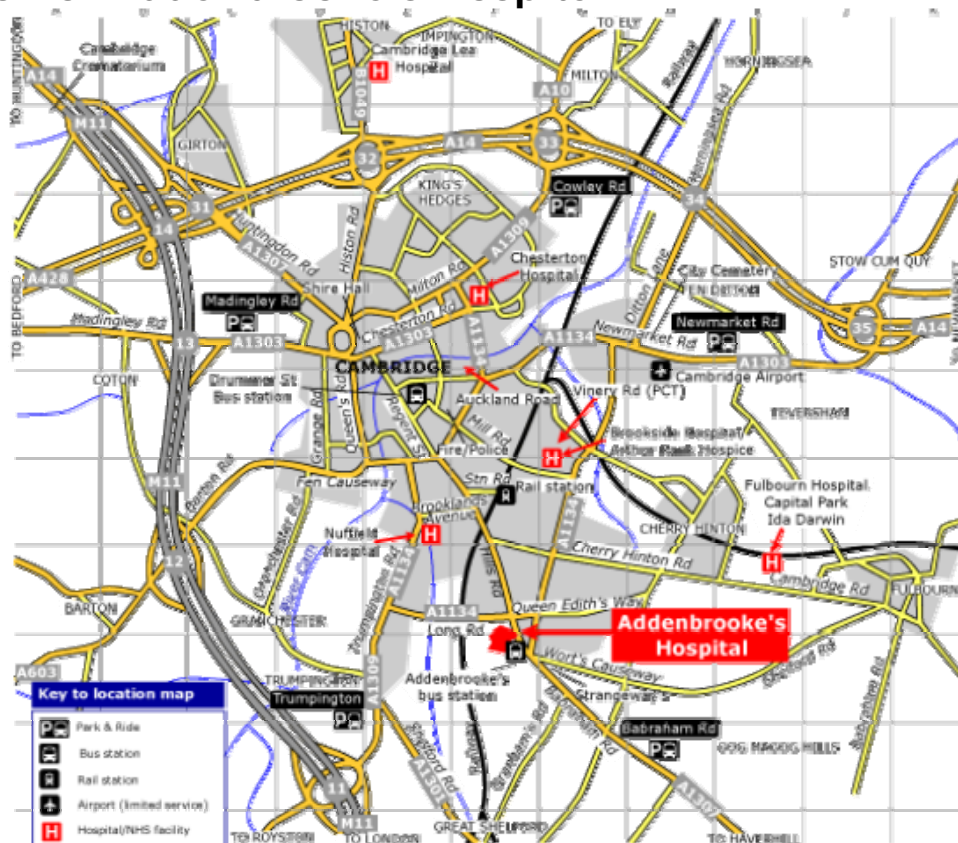
## Coach

If you plan to travel to Cambridge by coach, we advise you to contact your local coach office for times.

## Train

Telephone 08457 484950 for timetable details.

## Location of Addenbrooke's Hospital



## Hospital Transport

Hospital transport is only provided if your doctor agrees it is necessary, and arranges it for you. Once your appointment is over, please return to the transport desk so that staff can arrange for you to be taken home.

## Help with travelling

If you are entitled to claim travelling expenses, you need to bring your family credit or income support order book (or similar DHS authorisation). Please take this to the receptionist in the outpatient hall where your money will be refunded on arrival.

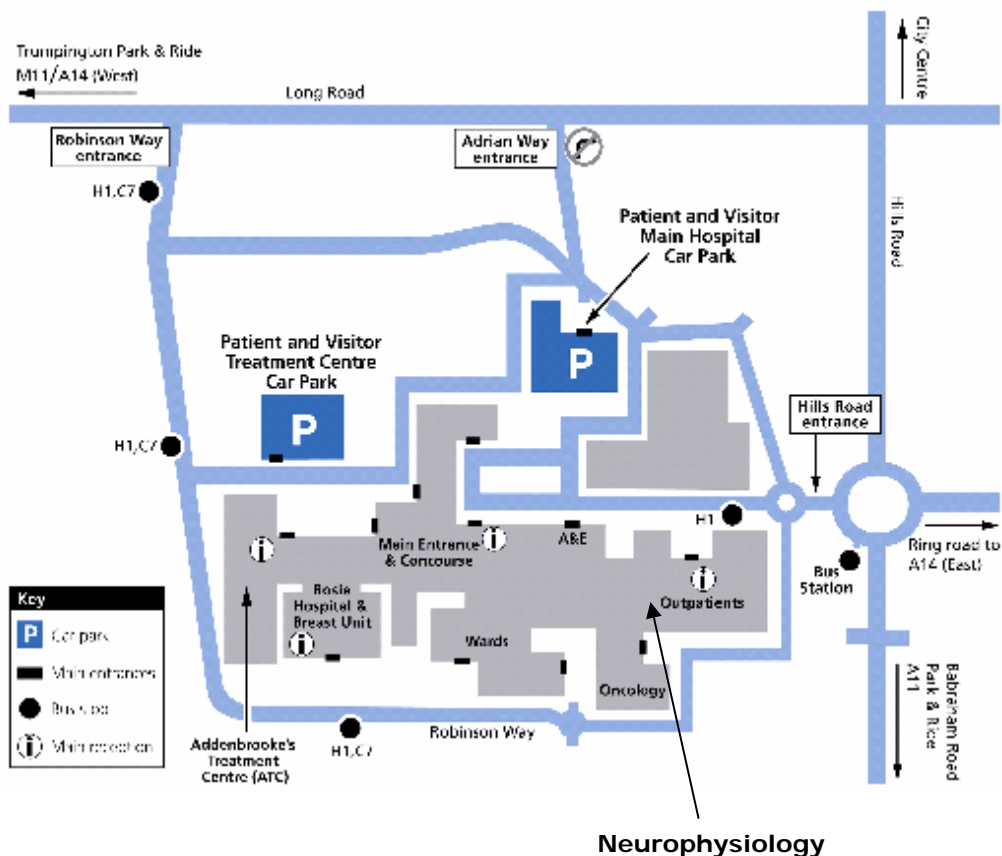
## A helping hand

Receptionists at the main entrance and outpatients' entrance will assist you. Porters are on hand at the main entrance of the outpatients department to help you. They will find a wheelchair for you if required.

## Will I have to wait?

We try hard to keep appointment times, but there can be delays if the technician/doctors are called away to emergencies or if emergencies are referred directly to the department. Sometimes, consultations take longer than expected, which disrupts the department appointment system. The waiting area is limited so we would be grateful if relatives and friends who have come with you could wait in the main outpatient hall, unless you need to have them with you.

## Site Map of Addenbrooke's Hospital



In your own best interest, please let the clinic receptionist know if you have hearing problems, so that she can tell the staff who will be caring for you.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

### Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Polish

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem Informacji Pacjenta (Patient Information) pod numerem telefonu: 01223 216032 lub pod adresem [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Portuguese

Se precisar desta informação noutra língua, em impressão de letras grandes ou formato áudio, por favor peça ao departamento que contacte a secção de Informação aos Doentes (Patient Information) pelo telefone 01223 216032 ou através do e-mail [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Arabic

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يمكنك أن تطلب من القسم الاتصال بمعلومات المريض على الرقم: 01223216032 أو عبر البريد الإلكتروني: [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Cantonese

如您需要以另一語言版本、特大字體或錄音形式索取本資料，請要求部門聯絡病人諮詢服務：電話 01223 216032，電郵地址 [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Turkish

Eğer bu bilgileri başka bir dilde veya büyük baskılı veya sesli olarak isterseniz, lütfen bulunduğunuz bölümdeki görevlilere söyleyin Hasta Bilgilendirme servisini arasınlar: 01223 216032 veya [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Urdu

اگر آپ کو یہ معلومات کسی دیگر زبان میں، بڑے الفاظ میں یا آڈیو طریقہ سے درکار ہوں تو برائے مہربانی اس شعبہ سے پیشینٹ انفارمیشن سے ذیل کے ذریعہ رابطہ کریں: 01223 216032 یا [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk) کی درخواست کریں:

### Bengali

আপনি যদি এই তথ্য অন্য কোন ভাষায়, বড় অক্ষরে বা অডিও রেকর্ডিং পোতে চান তাহলে 'প্যাশেন্ট ইনফরমেশান' এর সঙ্গে 01223 216032 নম্বরে ফোন করে বা [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk) ঠিকানায় ই-মেইল করে যোগাযোগ করার জন্য ডিপার্টমেন্টটিতে অনুরোধ জানান।

## Document history

Authors	Julia Bradford
Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ <a href="http://www.cuh.org.uk">www.cuh.org.uk</a>
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