

## Renal Genetics and Tubular Disorders Clinic



# Renal Genetics and Tubular Disorders Clinic

### What does the clinic do?

- This clinic brings together staff from nephrology, medical genetics, urology and clinical chemistry to see patients whose disease needs to be looked after by one or more of these specialities.
- The clinic was set up in February 2005 with initial funding from the Department of Health.
- Patients may be referred by general practitioners, hospital doctors or local hospitals. We also see patients referred from further away for whom there is no local centre.

### Why am I attending this clinic?

- You have been referred to this clinic because you or one of your relatives have a condition that affects your kidneys.
- We aim to:
  - Provide an opportunity for you to have a more specialist in-depth consultation.
  - Not only take care of you, but also hope to highlight any potential problems in the family.
  - Combine consultants from different areas of renal care and a specialist nurse, and prevent unnecessary visits to the hospital.

## What can I do to prepare for the clinic?

- Your kidney problem may be inherited (passed within families). It would therefore be helpful for you to find out if any of your relatives have had problems with their kidneys or high blood pressure.
- Please bring an up to date list of your tablets with you and any test results you may have received from your GP or other doctors you have seen.
- Please be prepared to produce a fresh urine sample when you arrive. We will provide a container.

## What will happen in clinic?

- You will be asked to:
  - Have your urine tested
  - Have your blood pressure checked
  - Be weighed and have your height measured.
- You will then be seen by one or more of the following:
  - A kidney specialist
  - A specialist in inherited conditions
  - A specialist in the relevant tests
  - A kidney stone specialist.
- After you have seen the doctors you may be asked to go to phlebotomy (in the outpatient Department on level 2) to provide a blood sample.

## Will I need any scans or other tests?

- It may be necessary for you to have an x-ray whilst you are here, but if you need any other investigations they will be booked for you at a later date and the appointment sent to you.

## Will I get the results of the tests?

- We will send the results of all tests to your GP in a letter.
- You may also receive a phone call to discuss your blood test results.
- If you would particularly like us to let you know your results please tell us in the clinic.

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## Will I need to come back?

- It is likely you will require further follow up, this will be decided between you and the clinic doctors and an appropriate appointment made.

## Where can I get further information?

- The Clinic Sister is Caroline Robinson. You contact her by:
- Phone: 01223 348745
- e-mail: [caroline.robinson@addenbrookes.nhs.uk](mailto:caroline.robinson@addenbrookes.nhs.uk)

## Renal Genetics and Tubular Disorders Clinic

**Box No. 118**

**Direct dial: 01223 256318**

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### Consultants

Professor Fiona Karet	Nephrology	01223 762617
Dr Richard Sandford	Clinical Genetics	01223 348845
Mr Oliver Wiseman	Urology	01223 586593

- As part of this clinic we are developing patient information about some disorders of the kidney. We would like to include patients' views and experiences in this.
- If you would like to be involved as a patient representative, please let us know.



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

## Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

[patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)



## Document history

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