

## General Medicine/Nephrology

# Welcome to Ward C5

### About Ward C5:

Ward C5 is a 33 bedded, mixed sex ward for patients with general medical and kidney conditions.

### Contact Details:

#### For mail:

- Box 9

#### Direct dial number:

- 01223 217195 or
- 01223 217267

### Directions and Travel:

- C5 is located on the fifth floor by using the main lifts (C and D lifts).
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

### Staff:

If you would like to find out 'who's who' on the ward, please see the ward notice board. It contains the names and pictures of the staff on the ward.

### Visiting Hours:

- Visiting times are from **0900** to **1300** and **1430** to **2000** hours.
- There is no visiting between 1300 and 1430 because this is the patients' rest period.
- Only **three visitors** per patient are allowed.
  - When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.

- We do not have vases on the ward, so pot plants or flowers arranged in an 'oasis' are preferred.
- To help us prevent the spread of any infections, please ask visitors to use the **hand rub** at the entrance to the ward on **arrival** and on **leaving**.

### Infection Control:

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: <http://www.addenbrookes.org.uk/patientinformation/index.html#i>

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

### Food and Drink:

- **Breakfast** is served from **0800** hours.
- **Lunch** is served from **1200** hours.
- **Dinner** is served from **1700** hours.
- If you miss a meal due to having an investigation, it is possible to provide a meal outside of these hours.
- Food and drink may be brought in from home but it cannot be heated on the ward.
- There are **tea rounds** at **1000, 1500, 1800** and **2000** hours. The drinks on these rounds are for patients only.

### Ward Facilities:

- There are two baths and two showers on the ward.
- Toilets are located in several places on the ward and are for patients use only.
- There is a communal dayroom on the ward.
- There is a vending machine for patient line cards outside the ward.

### Clothing and Laundry:

- Relatives or friends must take responsibility for laundering clothes.
- Day clothes may be worn whilst on the ward.

### Who to contact for further advice/questions

If you have any further questions please contact the ward & speak to the nurse in charge.

- Please call after 0800 hours, the changeover of nursing staff will be complete by this time.

- To discuss care issues, please contact the Ward Manager.

## Drug Rounds

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.

## Doctor's Ward Rounds

- The doctors carry out ward rounds every day, but the time may vary according to their workload.
- Please note that you may not see your consultant everyday.

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

### Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

### Cantonese

તમને આ માહિતી બીજી ભાષાઓમાં, મોટા અક્ષરોમાં અથવા સાંભળી શકાય એવા માધ્યમ (ઓડીઓ ફોર્મેટ)માં જોઈતી હોય તો કૃપા કરીને પૂછો.

### Gujarati

تکایہ پرسیار بکے نہ گھر نہ وزانیاریہت دہوی بہ زمانیکی تر , بہ پیتی گہورہ یانیش بہ شیوہی دہنگ

### Kurdish

اگر آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو براۓ مہربانی اس کیلئے درخواست کریں۔

### Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.  
For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

### Document History

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Contact number	01223 217195
Published	October 2007
Review date	October 2009
File name	PIN784_Ward_Routine_C5.doc
Version number	2
Ref	784