

General Medicine/Nephrology

Welcome to Ward C5

About Ward C5:

Ward C5 is a 33 bedded, mixed sex ward for patients with general medical and kidney conditions.

Contact Details:

For mail:

- Box 9

Direct dial number:

- 01223 217195 or
- 01223 217267

Directions and Travel:

- C5 is located on the fifth floor by using the main lifts (C and D lifts).
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

Staff:

If you would like to find out 'who's who' on the ward, please see the ward notice board. It contains the names and pictures of the staff on the ward.

Visiting Hours:

- Visiting times are from **15:00-17:00** and **19:00-20:00** hours.
- There is no visiting between 1300 and 1430 because this is the patients' rest period.
- Only **three visitors** per patient are allowed.

- When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.
- We do not have vases on the ward, so pot plants or flowers arranged in an 'oasis' are preferred.
- To help us prevent the spread of any infections, please ask visitors to use the **hand rub** at the entrance to the ward on **arrival** and on **leaving**.

Infection Control:

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: <http://www.addenbrookes.org.uk/patientinformation/index.html#i>

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

Food and Drink:

- **Breakfast** is served from **08:00** hours.
- **Lunch** is served from **12:30** hours
- **Dinner** is served from **17:00** hours.
- If you miss a meal due to having an investigation, it is possible to provide a meal outside of these hours.
- Food and drink may be brought in from home but it cannot be heated on the ward.
- There are **tea rounds** at **10:00, 15:00, 18:00 and 21:00** hours. The drinks on these rounds are for patients only.

Ward Facilities:

- There are three showers and one bath on the ward.
- Toilets are located in several places on the ward and are for patients use only.
- There is a communal dayroom on the ward.
- There is a vending machine for patient line cards outside the ward.

Clothing and Laundry:

- Relatives or friends must take responsibility for laundering clothes.
- Day clothes may be worn whilst on the ward.

Who to contact for further advice/questions

If you have any further questions please contact the ward & speak to the nurse in charge.

- Please call after 0800 hours, the changeover of nursing staff will be complete by this time.
- To discuss care issues, please contact the Ward Manager.

Drug Rounds

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.

Doctor's Ward Rounds

- The doctors carry out ward rounds every day, but the time may vary according to their workload.
- Please note that you may not see your consultant everyday.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or patient.information@addenbrookes.nhs.uk

Polish

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem Informacji Pacjenta (Patient Information) pod numerem telefonu: 01223 216032 lub pod adresem patient.information@addenbrookes.nhs.uk

Portuguese

Se precisar desta informação noutra língua, em impressão de letras grandes ou formato áudio, por favor peça ao departamento que contacte a secção de Informação aos Doentes (Patient Information) pelo telefone 01223 216032 ou através do e-mail patient.information@addenbrookes.nhs.uk

Arabic

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يمكنك أن تطلب من القسم الاتصال بمعلومات المريض على الرقم: 01223216032 أو عبر البريد الإلكتروني: patient.information@addenbrookes.nhs.uk

Cantonese

如您需以另一語言版本、特大字體或錄音形式索取本資料，請要求部門聯絡病人諮詢服務：電話 01223 216032，電郵地址 patient.information@addenbrookes.nhs.uk

Turkish

Eğer bu bilgileri başka bir dilde veya büyük baskılı veya sesli olarak isterseniz, lütfen bulunduğunuz bölümdeki görevlilere söyleyin Hasta Bilgilendirme servisini arasinlar: 01223 216032 veya patient.information@addenbrookes.nhs.uk

Urdu

اگر آپ کو یہ معلومات کسی دیگر زبان میں، بڑے الفاظ میں یا آڈیو طریقہ سے درکار ہوں تو برائے مہربانی اس شعبہ سے پیشینٹ انفارمیشن سے ذیل کے ذریعہ رابطہ کرنے کی درخواست کریں: 01223 216032 یا patient.information@addenbrookes.nhs.uk

Bengali

আপনি যদি এই তথ্য অন্য কোন ভাষায়, বড় অক্ষরে বা অডিও রেকর্ডিং পেতে চান তাহলে 'প্যাশেন্ট ইনফরমেশান' এর সঙ্গে 01223 216032 নম্বরে ফোন করে বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করে যোগাযোগ করার জন্য ডিপার্টমেন্টটিতে অনুরোধ জানান।

Document history

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