

Surgical Services

Welcome to ward D7

About Ward D7:

Ward D7 is a 17 bedded general surgical ward. Its main specialty is gastrointestinal and hepatobiliary surgery. The ward is split into two nursing teams, the red team and the blue team. However, the ward runs as one team consisting of registered nurses, doctors, healthcare assistants and a ward clerk.

Contact Details:

Direct number: 01223 217303.

Directions and Travel:

- From the main reception please walk towards the main lifts which are to your left at the main concourse. Get the lift to level seven and follow the signs to D7.
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

Staff:

All staff members on D7 are happy to help with any enquires you may have. There is a notice board with photographs and the names of all the staff on D7.

On your Arrival:

When you arrive on ward D7 please report to the ward reception area and inform the ward clerk of your arrival. A nurse will then show you to the waiting area or your bed area. You will be given some time to settle in before a registered nurse formally admits you to the ward.

Visiting Hours:

- Visiting times are between 1500 and 2000 hours. If you would like visitors outside of these times you must speak to the nurse in charge.
- Only two visitors are allowed at any one time. If you would like to bring children under the age of ten to visit, please speak to the nurse in charge to arrange a suitable time.

- When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.
- Please only bring essential items with you, as there is a limited amount of storage space.
- To help us prevent the spread of any infections, visitors are asked to use the hand rub at the entrance to the ward on arrival and on leaving.

Infection Control:

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website:
<http://www.addenbrookes.org.uk/patientinformation/index.html#i>

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

Food and Drink:

- Breakfast is at 08:00 hours
- Lunch is at 12:00 hours
- Dinner is at 18:00 hours
- Tea rounds take place after mealtimes and at mid morning and mid afternoon.
- If you have a medical need that requires a special diet, the ward dietician will be contacted to arrange this for you.

Ward Facilities:

- The ward has two showers and one bathroom.
- Toilets are located in each bay and two of the siderooms.
- The day room is located on ward C7 which is opposite to D7.
- Post is delivered twice a day. Cards correctly addressed to you will be delivered to your bedside.
- There is a vending machine for Patientline cards between wards D7 and C7. There is also a vending machine for tea and coffee for visitors.

Clothing and Laundry:

- Laundry facilities are not available on the ward. You will need to make arrangements regarding your laundry requirements.
- If you feel well enough and do not require any investigations, you can wear day clothes if this makes you feel more comfortable.

Who to contact for further advice/questions:

If you or a member of your family would like more information, please speak to the nurse in charge. If you would like to speak to the ward manager, she would be happy to help with any enquires that you may have. Alternately, you may want to speak to the Senior Clinical Nurse (modern matron). Inform the nursing staff if you would like to make an appointment with either the ward manager or Senior Clinical Nurse.

Drug rounds and medications:

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines. Sometimes nursing staff need to prepare some of these medications away from the bedside.
- On discharge from hospital you may be given medications to take home with you. Your medications will be explained to you by a registered nurse or pharmacist prior to you leaving. Please do not leave without them. It can take a while for your medications to be prepared by the hospital pharmacy so please keep this in mind for when you make arrangements to be collected.

Doctor's Ward Rounds

- Doctors ward rounds occur daily, usually in the morning.
- You will be seen by different members of the surgical team.
- It is a good opportunity for you to ask specific questions that you may want to know. It might be helpful for you to write them down as you think of them.
- As there are many surgical specialities on D7, you may see ward rounds which are not by your surgical team.
- Don't worry if you feel you have not been seen, but please speak to a nurse.
- Please note you may not see your consultant everyday.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

patient.information@addenbrookes.nhs.uk



Document history

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Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.cuh.org.uk
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