

Oncology Directorate and Haematology SDU

Welcome to Ward D9 Chemotherapy and Dame Cicely Saunders's Unit

About Ward D9:

We hope you will be happy and comfortable here. We understand that you may be feeling anxious about your admission to hospital. We hope to relieve you of those anxieties by giving you this booklet to explain a little bit about our ward.

D9 is split into two units; Chemotherapy and Radiotherapy/Palliative Care. The Chemotherapy area starts at the beginning of the ward. It has two side rooms, a seven-bedded bay and a three-bedded bay. The section ends at the nurse's station.

The Dame Cicely Saunders Unit begins at the nurse's station. It has two four-bedded bays, a three-bedded bay, an eight-bedded bay and three side rooms.

Contact Details:

To dial the ward directly:	01223 217708
Connection via switchboard:	01223 245151 Ext 3708
Ward Address:	Ward D9 Box 24 Addenbrooke's NHS Trust Hills Road, Cambridge CB2 2QQ

Directions and Travel:

- **Directions from main reception:** walk through the concourse area turning left to the main lifts. Take the lift to Level 9. On leaving the lift turn left, Ward D9 is then on the left.
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

Staff:

If you would like to find out 'who's who' on the ward, please see the ward notice board. It contains the names and pictures of the staff on the ward.

On your Arrival:

Please report to reception and the Ward Clerk or nurses will show you to your bed. To ensure the best use of beds, you may have to wait in the day room until your bed is ready.

Visiting Hours:

There are no formal visiting hours on the ward however please note there is a rest period for patients between 1300 and 1500.

- When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.
- Please ask your visitors not to bring any live plants or flowers onto the ward.

Infection Control:

- To help us prevent the spread of any infections, please ask visitors to use the hand rub at the entrance to the ward on arrival and on leaving.
- Addenbrooke's has a number of advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: <http://www.addenbrookes.org.uk/patientinformation/index.html#i>
- Hand wipes are available for use after using the toilet/commode, please ask the nurse looking after you or help yourself from the shelves in the bay.

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

Food and Drink:

- Breakfast: 0800
- Lunch: 1200
- Supper: 1730
- The food is served from hot trolleys and you can choose what you like at the mealtime.
- Hand wipes are available for use before or after meals. All patients are encouraged to wash their hands before their meals.
- There is a refrigerator and a microwave oven in the kitchen. Due to health and safety concerns, patients and visitors are not able to access the kitchen. Please ask a member of staff if you wish to make use of these facilities. Please ensure you **date and label** all food that is being put into the refrigerator.
- If you are on a special diet or have a poor appetite, please ask to be referred to the dietician who can help you.

Ward Facilities:

- **Toilets:** we ask that visitors do not use the toilets in the ward area. There is a public toilet adjacent to the lifts.
- **Communal TV room/Day room** is available for both patients and visitors to use.
- **Post:** postal collections are made regularly and deliveries are made twice each day. The post box is in the main concourse.

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- **Patientline:** this is a “pay per view” system, installed at each bedside and includes telephone, television and radio. A pay station is available outside the ward where you can purchase a telephone card and a card to view the television. The radio is free.
 - Regrettably, we are unable to allow the use of your own personal TV or mobile telephone on the ward.
 - A Playstation is available for use on the ward with a selection of games.
 - We also have a facility to loan DVDs and discs whilst you are an inpatient. Please ensure they are returned on discharge.
 - Newspapers may be bought daily. A volunteer will visit the ward each morning to take your order and deliver it.
 - The WRVS (Women's Royal Voluntary Service) provide a trolley, which visits the ward on Tuesday and Thursday. You can buy stamps, confectionary, toiletries and stationary from the trolley.
 - **Information Board:** please feel free to borrow any of the booklets displayed on the information board. If you would like to have your own copy, please contact a staff nurse.
 - **Counselling and support:** A counselling and support service is available for people with cancer related diseases. If you would like some advice or support whilst on the unit, please ask a staff nurse for details. Our support nurses or Macmillan nurses would be happy to help.

There is also a social worker that is happy to advise about financial benefits, housing etc. Please ask the nursing staff if you would like to be referred.

Addition counselling, support and information services are available through:

- CANCERBACKUP 0808 0800 1234
- CRUSE 0208 940 4818
- MAC (for young adults) 0800 591 028

Clothing and laundry:

- Please bring some toiletries for personal use.
- Relatives/friends need to take responsibility for laundering personal clothes.
- While you are an inpatient, our aim is to keep you as independent as possible while you receive your treatment. You are encouraged to get dressed and perform as much of your own care as possible, with nursing staff supplementing this when needed.

Who to contact for further advice/questions

- The nurses and doctors are available to discuss any problems or worries you may have. If you require any other information, please let us know and we will do our best to advise you.
- Please call after 0800, the changeover of nursing staff will be complete by this time.
- To discuss care issues, please contact the Ward Manager.

Drug Rounds

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.

Doctor's Ward Rounds

- All patients are admitted under the care of their consultant. You are looked after by one consultant who is rotated on a monthly basis. There is also a ward based registrar, clinical fellow and senior house officers who will look after you throughout your stay. If you would like to speak to your consultant, ask for their secretary's telephone number to arrange an appointment.
- Please note you may not see your consultant everyday.

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

તમને આ માહિતી બીજી ભાષાઓમાં, મોટા અક્ષરોમાં અથવા સાંભળી શકાય એવા માધ્યમ (ઓડીઓ ફોર્મેટ)માં જોઈતી હોય તો કૃપા કરીને પૂછો.

Gujarati

تکایہ پرسیار بکہ نہ گہر نہ وزانیاریہت دہوی بہ زمانیکی تر . بہ پیتی گہورہ یانیش بہ شیوہی دہنگ

Kurdish

آگراپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو براۓ مہربانی اس کیلئے درخواست کریں۔

Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.

For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Document history			
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Contact number	01223 245151		
Published	July 06	Review date	Annual
File name	O:\Q A\FORMS\Patient information\General Oncology\PI1128_v2_d9_info_new.doc		
Version number	2	Ref	PIN1128