

Planned Short Stay Unit (PSSU)

Welcome to the PSSU

The PSSU is part of the Medical Unit and has 14 beds and eight chairs. We have patients attending for a wide variety of treatments, tests and investigations.

Contact details:

Reception: 01223 217309
Ward manager: 01223 217311
Admissions coordinator: 01223 586967

Directions and travel:

- You can be dropped off in car park C.
- From the main entrance, please follow signs for the 'Golden Jubilee Garden' and the PSSU is on Ward R2 next to the Rehab Unit.
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

Staff:

If you would like to find out 'who's who' on the ward, please see the ward notice board. It contains the names and pictures of the staff on the ward.

On your arrival:

When you arrive, please report to ward reception and you will then be shown to your bed, chair or the waiting area.

Visiting hours:

- PSSU has open visiting but we only allow two visitors at one time.
- When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.

- To help us prevent the spread of any infections, please ask visitors to use the hand rub at the entrance to the ward on arrival and on leaving.

Infection control:

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: <http://www.addenbrookes.org.uk/patientinformation/index.html#i>
- If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

Food and drink:

- Meal times:
 - breakfast is at 0800 hours,
 - lunch at 1200 hours,
 - dinner at 1700 hours.
- If a meal is missed please let a member of staff know.
- Tea rounds are at 1000 and 1500 hours and also with the meals.

Ward facilities:

- Showers are available just outside the entrance to the ward.
- Please ask the ward staff for the nearest visitors' toilet.
- The nearest vending machine for Patientline cards is near the concourse, outside wards C and D, level two.

Clothing and laundry:

- Please ask relatives/friends to take responsibility for laundering clothes.

Who to contact for further advice/questions

- Please call after 0800 hours, the changeover of nursing staff will be complete by this time.
- To discuss care issues, please contact the Ward Manager.

Drug rounds

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.



Addenbrooke's is smoke-free. You cannot smoke on site. For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Informacje te można otrzymać w innych językach, w wersji dużym drukiem lub audio. Zamówienia prosimy składać pod numerem: 01223 216032 lub wysyłając e-mail: patient.information@addenbrookes.nhs.uk

Polish

Se precisar desta informação num outro idioma, em impressão de letras grandes ou formato áudio por favor telefone para o 01223 216032 ou envie uma mensagem para: patient.information@addenbrookes.nhs.uk

Portuguese

Если вам требуется эта информация на другом языке, крупным шрифтом или в аудиоформате, пожалуйста, обращайтесь по телефону 01223 216032 или на вебсайт patient.information@addenbrookes.nhs.uk

Russian

若你需要此信息的其他語言版本、大字體版或音頻格式，請致電 01223 216032 或發郵件到: patient.information@addenbrookes.nhs.uk

Cantonese

Bu bilgiyi diger dillerde veya büyük baskılı ya da sesli formatta isterseniz lütfen su numaradan kontak kurun: 01223 216032 veya asagıdaki adrese e-posta gönderin: patient.information@addenbrookes.nhs.uk

Turkish

এই তথ্য বাংলায়, বড় অক্ষরে বা অডিও টেপে পেতে চাইলে দয়া করে 01223 216032 নম্বরে ফোন করুন বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করুন।

Bengali

Document History

Authors	Anna Mayhew, Ward Manager
Department	PSSU, Box 35 Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 2QQ www.addenbrookes.org.uk
Contact number	01223 217311
Published	February 2009
Review date	February 2011
File name	Ward_routine_PSSU.doc
Version number	1
Ref	PIN 1462