

## Pharmacy

# General advice on your cardiac medicines

This leaflet gives general information that applies to all medicines you take

### How to take your medicines

- Everyone is different. People react differently to medicines. Your doctor will:
  - choose the right medicines for you
  - choose the right dose of each medicine for you
  - check that the medicines you take are working
  - check that you are not getting problems from taking your medicines
- Always read the label on your medicines and follow the instructions about the dose to take and when to take it.
- Always tell any other person who treats you that you are taking medicines. You could keep a list of your medicines handy in your purse or wallet.
- Do not stop taking your medicines without asking your doctor.

### Problems with medicines

- Always tell your doctor if you think you have a problem caused by your medicines.
- Do not take other people's medicines.

### Storing your medicine

- Keep your medicines out of reach and out of sight of children.
- Store your medicines away from direct sunlight and heat in a dry place.

### What to do if you miss a dose

If you miss a dose of any of your medicines, take it as soon as you remember. If it is nearly time for your next dose, wait until your next dose is due, then take the usual dose. Do not take a double dose of any of your medicines.

## Further supplies of your medicines

Do not let your medicines run out. Contact your doctor to ask for a further supply of your medicines in plenty of time (at least 5 days before you run out).

## Where to get more information

Ask your pharmacist, doctor or nurse if you want more information about your medicines.

**Alternatively, you can call NHS Direct on 0845 4647 or [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk) or the Addenbrooke's patient help line on 01223 217502 or try <http://www.emc.medicines.org.uk>**



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Polish

Informacje te można otrzymać w innych językach, w wersji dużym drukiem lub audio. Zamówienia prosimy składać pod numerem: 01223 216032 lub wysyłając e-mail: [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Portuguese

Se precisar desta informação num outro idioma, em impressão de letras grandes ou formato áudio por favor telefone para o 01223 216032 ou envie uma mensagem para: [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Russian

Если вам требуется эта информация на другом языке, крупным шрифтом или в аудиоформате, пожалуйста, обращайтесь по телефону 01223 216032 или на вебсайт [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Cantonese

若你需要此信息的其他語言版本、大字體版或音頻格式，請致電 01223 216032 或發郵件到: [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Turkish

Bu bilgiyi diger dillerde veya büyük baskılı ya da sesli formatta isterseniz lütfen su numaradan kontak kurun: 01223 216032 veya asagidaki adrese e-posta gönderin: [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

### Bengali

এই তথ্য বাংলায়, বড় অক্ষরে বা অডিও টেপে পোতে চাইলে দয়া করে 01223 216032 নম্বরে ফোন করুন বা [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk) ঠিকানায় ই-মেইল করুন।

## Document history

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