

Children's Services

Advice for children having an operation

You have come to stay in hospital while you have an operation. You can bring some grown ups with you, like mummy and daddy.

What happens before my operation?

- Some doctors will come and see you.
- You can wear your own pyjamas or you will be given a special gown to wear for your operation.
- You may need to have a plastic tube called a cannula put into the back of your hand.
- You might have some 'magic cream' put on your skin where the plastic tube might go. The real name for this cream is 'EMLA cream'.
- The cream is put onto your skin and then a soft plaster is put over the top. It is left on your skin for about one hour. While it is working you can still play and use your hands.

When the cream has worked, the soft plaster will be taken off and the cream is wiped away. The area of your skin that the cream has been touching will be 'numb'. This means, when this patch of skin is touched you will not be able to feel it.

Where will I go for my operation?

- When it is time for your operation you will be pushed on your bed or carried by mum or dad to the anaesthetic room.
- This is the room where you will go to sleep. One grown up can come in this room with you, as well as your nurse, until you are fast asleep.

What happens after my operation?

- After your operation you will wake up in a big room called recovery.
- A nurse in pyjamas will look after you.
- When you start to wake up, the nurse looking after you will get any grown ups who are with you to come to recovery and sit with you.
- The nurse will want to see how well you are breathing. To find this out they will put a soft, spongy 'peg' on your finger or toe.
- On the monitor some numbers will appear and will show how well you are breathing air into your body.
- It will also show how fast your heart is beating.
- When you wake up you may have a mask over your mouth and nose giving you some special air called oxygen.

What happens if I feel sore when I wake up?

- If you feel sore when you wake up tell the nurse looking after you. The nurse can give you some medicine to make you feel better.

What happens if I feel sick when I wake up?

- If you feel sick when you wake up tell your nurse and they can give you some medicine to make you feel better.

When can I go back to the ward?

- When you are awake and feeling comfortable.
- The nurse looking after you on the ward will come and get you from recovery.
- You are then pushed back to the ward on your bed.

For further information, please speak to your ward nurse.



Addenbrooke's is smoke-free. You cannot smoke on site. For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Informacje te można otrzymać w innych językach, w wersji dużym drukiem lub audio. Zamówienia prosimy składać pod numerem: 01223 216032 lub wysyłając e-mail: patient.information@addenbrookes.nhs.uk

Polish

Se precisar desta informação num outro idioma, em impressão de letras grandes ou formato áudio por favor telefone para o 01223 216032 ou envie uma mensagem para: patient.information@addenbrookes.nhs.uk

Portuguese

Если вам требуется эта информация на другом языке, крупным шрифтом или в аудиоформате, пожалуйста, обращайтесь по телефону 01223 216032 или на вебсайт patient.information@addenbrookes.nhs.uk

Russian

若你需要此信息的其他語言版本、大字體版或音頻格式，請致電 01223 216032 或發郵件到: patient.information@addenbrookes.nhs.uk

Cantonese

Bu bilgiyi diger dillerde veya büyük baskılı ya da sesli formatta isterseniz lütfen su numaradan kontak kurun: 01223 216032 veya asagidaki adrese e-posta gönderin: patient.information@addenbrookes.nhs.uk

Turkish

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Bengali

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