
Department of Cardiology/Pharmacy

Angiotensin II antagonists

Examples: Candesartan
Eprosartan
Irbesartan
Telmisartan
Losartan
Valsartan

Action

Angiotensin II antagonists are used to treat many problems. They:

- help to control high blood pressure
- help to cut down the work load of your heart

Taking your Angiotensin II Antagonist

Angiotensin II antagonists are usually taken once a day. This will be **either** each morning **or** each night. Follow the instructions on the label of your medication about the number of tablets to take.

Problems to watch for

- You might feel dizzy when you take the first dose. Your doctor will probably advise you to take the first dose at bedtime or when you are lying down.
- If you are taking this to help your heart to work better, you must tell your doctor if you notice that you are getting more short of breath or if your ankles start to swell.
- Angiotensin II antagonists can cause some side effects. Tell your doctor if you get problems with:
 - A skin rash or itching.
 - Flu-like symptoms.
 - An upset stomach, indigestion, diarrhoea or constipation.
 - Muscle or joint pains.
 - Tingling in the fingers or toes.
- Women who are pregnant or breastfeeding should not take angiotensin II antagonists.
- Tell your doctor if you notice any strange effects from taking your angiotensin II antagonist.



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Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

patient.information@addenbrookes.nhs.uk



Document history

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