

Department of Cardiology/Pharmacy

Co-amilofruse

Action

Co-amilofruse is a water tablet that contains two different ingredients. It contains furosemide and amiloride. These tablets get rid of the extra water from your body. This extra water can cause swollen ankles, shortness of breath and feeling more tired than usual. The combination of two ingredients helps to keep the balance of salts in your blood stream correct.

Taking your Co-amilofruse

Co-amilofruse tablets come in more than one strength:

Co-amilofruse 2.5/20

Co-amilofruse 5/40

Co-amilofruse 10/80

It is usually taken each morning. Some patients need to take two doses a day. If your doctor tells you to take a second dose, take it during the afternoon. The label on your medicine will tell you how many tablets to take and how many times a day. Always follow the instructions carefully. You will pass extra water for several hours after taking the dose.

Problems to watch for

- Water tablets can make you lose too much water from your body. If this happens you will feel thirsty and your mouth will feel dry. Tell your doctor if this happens often. Do not stop taking your water tablets unless your doctor tells you to.
- Water tablets can make you keep too much potassium in your body. Tell your doctor if you have any problems in passing urine.
- Water tablets can have side effects. Tell your doctor if you get problems with:
 - Ringing in your ears.
 - Weak muscles.
 - Joint pains or red and swollen joints.
 - Muscle cramps.
 - A skin rash.
 - An upset stomach.
 - Feeling confused.
- Women who are pregnant or breast-feeding must talk to their doctor before taking co-amilofruse. The doctor will want to discuss the risks and benefits with you.
- Tell your doctor if you notice any strange effects from taking your water tablets.



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

patient.information@addenbrookes.nhs.uk



Document history

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