
Department of Cardiology/Pharmacy

Digoxin

Action

Digoxin helps to make your heart beat regularly if you have palpitations. It also helps your heart to pump more efficiently.

Taking your digoxin

Digoxin is usually taken once a day. Try to take the dose at about the same time each day. You can take digoxin **either** in the morning **or** in the evening.

It is important to get the right amount of digoxin in your blood. Your doctor might ask you to have a blood test to make sure it is right. Do not stop taking digoxin unless your doctor tells you to. Always follow the instructions on the label of your medicine.

Problems to watch for

- Digoxin can make you feel very poorly if you take too much. You must tell your doctor **straight away** if you:
 - Feel sick or start being sick.
 - Have diarrhoea for more than one day.
 - Have palpitations.
 - Notice your eye sight is blurred.
 - Notice that lights look like they are flickering or a strange colour.
 - Notice that lights have a strange halo around them.
 - Get confused.
- Tell your doctor if you notice any strange effects from taking your digoxin.
- Always tell any doctor or dentist that treats you that you take digoxin.
- Always tell the pharmacist that you take digoxin if you buy any medicines from the chemist.
- Women who are pregnant or breast-feeding must talk to their doctor before taking digoxin. The doctor will want to discuss the risks and benefits with you.



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

patient.information@addenbrookes.nhs.uk



Document history

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