
Department of Cardiology/Pharmacy

Dipyridamole

Action

Dipyridamole helps to stop blood clots. It lowers the risk of you having a heart attack or stroke. It is often taken in combination with low dose aspirin. These two medicines work better if they are taken together.

Taking your dipyridamole

There are two types of dipyridamole:

Slow release capsules: the usual dose is one capsule swallowed whole twice a day with food.

Non-slow-release tablets: these are usually taken three or four times a day. Follow the instructions on the label of your medicine telling you how many tablets to take. The most common dose is one tablet three times a day. The dose should be taken about half an hour before a meal if possible. This helps the medicine to work better.

Problems to watch for

- Dipyridamole can make you feel sick. If this happens, try taking the dose with milk or a little food. The sickness usually wears off after a few doses.
- Dipyridamole can cause side effects. Tell your doctor if you have problems with:
 - An upset stomach.
 - Feeling dizzy especially when you stand up.
 - Pain in your muscles.
 - A throbbing headache.
 - Hot flushes.
 - A feeling that your heart is racing.
 - A rash.
- Always tell your doctor or dentist that you take dipyridamole if you are going to have any operation, including having a tooth out.
- Tell your doctor if you notice any strange effects from taking your dipyridamole.
- Women who are pregnant or breast-feeding must talk to their doctor before taking dipyridamole. The doctor will want to discuss the risks and benefits with you.



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

patient.information@addenbrookes.nhs.uk



Document history

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Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.cuh.org.uk
Contact number	01223 245151
Publish/Review date	March 2011/March 2014 (no changes made)
File name	Dipyridamole.doc
Version number/Ref	3/PIN1603