

Information for the patient:

- Please carry this with you at all times.
- Show this card to your family doctor and hospital doctors at every visit/admission.
- Show this card to your dentist.
- Show this card to your pharmacist before buying medicines or collecting a prescription.

Information for the healthcare professional:

Please update this record card whenever the treatment regimen is altered or a new medicine is started.

Addenbrooke's medicines helpline

A telephone service is available between 0900 and 1700 hours Monday to Friday. **01223 217502**. This service can only provide information about medicines given to you from the hospital.

For questions relating to your illness or medicines prescribed by your GP, please call NHS Direct on 0845 4647 or your GP surgery.

General advice about medicines:

- If the child resistant containers are not convenient, ask for ones that are easier to open.
- Be sure you can read the label on your medicines. Large print labels may be available.
- Keep medicines in their own containers to avoid confusion.
- Get a new prescription from your doctor before you run out of your medicines.
- Keep all medicines out of the reach of children.

- Never share your medicines or give them to anyone else.
- Always read the information provided with your medication.
- Always return medicines you no longer need to your pharmacist.
- Always follow the instructions carefully. If you don't understand them, ask your doctor, nurse or pharmacist to explain.

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient

Information: 01223 216032 or patient.information@addenbrookes.nhs.uk



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

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Pharmacy Patient Information

Medication Record Card

Provided by: _____
Pharmacy Department, BOX 104,
Cambridge University Teaching Hospitals
NHS Foundation Trust, Hills Road,
Cambridge, CB2 0QQ.

Date of Issue: _____

Name: _____

Address: _____

Drug Allergies: _____

Consultant: _____

GP Contact: _____

