
Department of Neurology

Clobazam drug information

Clobazam belongs to a group of drugs known as benzodiazepines. It works on the various receptors in the brain and therefore helps to keep epileptic seizures under control. Clobazam is available in 10mg tablets. It is not available in the form of an injection or oral suspension.

Drug brand names

- Clobazam
- Frisium

Uses

Clobazam is used to reduce seizure frequency and severity in people who have epilepsy (Clobazam may be used for intermittent treatment and used with other antiepileptic drugs). It is also used to treat severe anxiety.

Side effects

Side effects are usually experienced at the start of treatment. These include:

- Sedation
- Double vision
- Blurred vision
- Dizziness and unsteady walking
- Muscle fatigue and weakness.

Rare side effects include behavioural changes such as aggressiveness, irritability and depression. These side effects may be helped by reducing the dose and they stop upon withdrawal of the medication. If you experience any of these side effects, please contact the epilepsy nurse (contact details are at the end of the leaflet) or your GP.

Contraception

Clobazam is not reported to affect the oral contraceptive pill or other forms of contraception.

Pregnancy

Clobazam is not known to cause serious problems for the baby but you should discuss treatment with your doctor before you conceive. We recommend you take folic acid 5mg daily from at least eight weeks prior to conception until at least 12 weeks of pregnancy. Clobazam may make the baby sleepy after delivery, which slightly increases the chance of the baby needing help with breathing for a few hours.

Drug interactions

Clobazam may affect how other antiepileptic medications work when taken together. These interactions are rare and in a majority of patients the effect are slight. It is important that you inform your doctor about other medication you may be taking including anti epileptic drugs.

Other useful information

- Take Clobazam two hours before or two hours after food.
- Try to take the medicine at the same time every day.
- If you forget to take a dose, take it as soon as you remember. Do not take two doses at once.
- Always stick to your prescribed pattern of taking your Clobazam.
- Keep a record of your seizures when you start any new medication. This will help determine future drug dosages.
- Do not stop taking Clobazam suddenly as this can trigger withdrawal seizures. Make sure you do not run out and only stop under supervision.
- Store Clobazam below 30 degrees and in the packaging that it comes in.

If you experience any of these side effects, please contact the epilepsy nurse (contact details are at the end of the leaflet) or your GP.

Contact details

If you have any questions or concerns, please contact the epilepsy nurse specialist on 01223 217992.

The information on this leaflet is not exhaustive. Please refer to the patient information leaflet prepared by the manufacturer of your drug which can be found in the medicine packaging.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or patient.information@addenbrookes.nhs.uk

Polish

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem Informacji Pacjenta (Patient Information) pod numerem telefonu: 01223 216032 lub pod adresem patient.information@addenbrookes.nhs.uk

Portuguese

Se precisar desta informação noutra língua, em impressão de letras grandes ou formato áudio, por favor peça ao departamento que contacte a secção de Informação aos Doentes (Patient Information) pelo telefone 01223 216032 ou através do e-mail patient.information@addenbrookes.nhs.uk

Arabic

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يمكنك أن تطلب من القسم الاتصال بمعلومات المريض على الرقم: 01223216032 أو عبر البريد الإلكتروني: patient.information@addenbrookes.nhs.uk

Cantonese

如您需以另一語言版本、特大字體或錄音形式索取本資料，請要求部門聯絡病人諮詢服務：電話 01223 216032，電郵地址 patient.information@addenbrookes.nhs.uk

Turkish

Eğer bu bilgileri başka bir dilde veya büyük baskılı veya sesli olarak isterseniz, lütfen bulunduğunuz bölümdeki görevlilere söyleyin Hasta Bilgilendirme servisini arasinlar: 01223 216032 veya patient.information@addenbrookes.nhs.uk

Urdu

اگر آپ کو یہ معلومات کسی دیگر زبان میں، بڑے الفاظ میں یا آڈیو طریقہ سے درکار ہوں تو برائے مہربانی اس شعبہ سے پیشینٹ انفارمیشن سے ذیل کے ذریعہ رابطہ کرنے کی درخواست کریں: 01223 216032 یا patient.information@addenbrookes.nhs.uk

Bengali

আপনি যদি এই তথ্য অন্য কোন ভাষায়, বড় অক্ষরে বা অডিও রেকর্ডিং পেতে চান তাহলে 'প্যাশেন্ট ইনফরমেশান' এর সঙ্গে 01223 216032 নম্বরে ফোন করে বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করে যোগাযোগ করার জন্য ডিপার্টমেন্টটিতে অনুরোধ জানান।

Document history

Authors	Erica Chisanga & Dr Mark Manford
Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.cuh.org.uk
Contact number	01223 217992
Publish/Review date	March 2010/March 2013 (no changes made)
File name	Clobazam
Version number/Ref	2/PIN1666