

## Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223



216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

# Audiology Department

## Patient Information

### Lipreading classes in Cambridge and surrounding areas

## Document history

Authors	Audiology Department
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Lipreading can be a useful additional skill for those that are hard of hearing. Particularly in noisy situations it can be a struggle to clearly make out everyday conversation even when wearing hearing aids. Learning how to recognise the lip patterns for different speech sounds and make use of people's expressions and gestures allows you to make best use of the available visual cues to support your hearing in difficult situations.

Most of these lipreading classes are not run by Addenbrooke's Audiology Department directly and so we can only provide times and contact details for classes that are run in the local area. For more details on ability range, course fees and starting dates, please contact the different providers on the telephone numbers listed.

## Cambridgeshire

For more information about the following classes, please contact the numbers below.

### Mondays

Location: Addenbrooke's Hospital  
Time: 10:30 until 12:30 and 13:30 until 15:30  
Contact: Joy Badcock  
Telephone: Jan Harmer 01223 217797

Location: March Youth and Community Centre, Station Road  
Time: 10:00 until 12:00  
Contact: Jenny Holding  
Telephone: 01354 740894

## Contact details

Audiology Department  
Box 94  
Addenbrooke's Hospital  
Cambridge University Hospitals NHS Foundation Trust  
Hills Road  
Cambridge  
CB2 0QQ  
Telephone: 01223 217797  
Fax: 01223 586912

## Essex

For more information on lipreading classes in Essex, please call  
01279 813319

## Norfolk

For more information on lipreading classes in Norfolk, please call  
01603 404440

Please contact the Audiology department if there are any changes  
in these details. This is to ensure that information can be kept up  
to date.

Location: Whittlesey Library  
Time: 14:00 until 16:00  
Contact: Jenny Holding  
Telephone: 01354 740894

## Tuesdays

Location: Trinity Methodist Church, Wisbech  
Time: 10:00 until 12:00  
Contact: Jenny Holding  
Telephone: 01354 740894

## Wednesdays

Location: Mayfield School, Warwick Road  
Time: 18.45 until 20.45  
Contact: Anne Orpin  
Telephone: 01223 703530

Location: Huntingdon Library  
Time: 14.00 until 16.00  
Contact: Jenny Holding  
Telephone: 01354 740894

Location: The Meadows Community Centre, St Catherine's Rd  
Time: 14.00 until 16.00  
Contact: Anne Orpin  
Telephone: 01223 703530

## **Fridays**

Location: Chatteris, Quaker Way (please phone to confirm location)

Time: 10:00 until 12:00

Contact: Jenny Holding

Telephone: 01354 740894

## **Suffolk**

For more information about lipreading classes in Suffolk, please contact 01473 467785- Suffolk Hearing Support Services.

## **Mondays**

Location: Catholic Church Hall, Sticklands Road, Stowmarket

Time: 10:00 until 12:00

Location: Community Education Centre, Maidstone Rd, Felixstowe

Time: 13:30 until 15:30

Location: Suffolk House, 2 Wharfedale Road, Ipswich

Time: 10:00 until 12:00

## **Tuesdays**

Location: Suffolk House, 2 Wharfedale Road, Ipswich

Time: 09:45 until 11:45

Location: United Reformed Church, Hadleigh

Time: 10:00 until 12:00

Location: Stevenson Centre, Stevenson Approach, Great Cornard

Time: 13:30 until 15:30

## **Wednesdays**

Location: St. Agnes Church, Bury Road, Newmarket

Time: 10:00 until 12:00

Location: Blackheath Road, Lowestoft

Time: 13:30 until 15:30

## **Thursdays**

Location: Stella Peskett Millenium Hall, Might's Road, Southwold

Time: 09:45 until 11:45

Location: Centre for Deaf People, 28 Northgate Street, Bury St Edmunds

Time: 18.45 until 20:45

Location: Halesworth Library, Bridge Street, Halesworth

Time: 13:00 until 15:00