

Department of Nephrology/Pharmacy

Aspirin

What is aspirin and what does it do?

A low dose of aspirin helps to stop blood clots.

Why have I been prescribed aspirin?

Aspirin is prescribed to reduce the risk of you having a heart attack or stroke. People with renal disease have an increased risk of having a heart attack or stroke and so aspirin is used to reduce this risk.

Aspirin is also prescribed if you have recently had a fistula formed as it helps to maintain the blood flow to the fistula and reduces the risk of a blood clot forming.

How do I take my aspirin?

Take your dose at the same time each day. Aspirin is usually taken in the morning with or soon after a meal.

There are **two** types of aspirin:

- **Soluble aspirin** – dissolve the tablet in a little water and drink the mixture.
- **Enteric coated aspirin** – swallowed the tablet whole and wash it down with a little water. The tablet must not be crushed or chewed.

Are there any side effects?

Tell your doctor if:

- You get stomach upset or stomach pain after taking aspirin.
- You see blood in your vomit or faeces while taking aspirin.
- You feel wheezy after taking aspirin.

When should I not take aspirin tablets?

Aspirin should only be taken by patients with kidney disease if prescribed by a doctor and it should not be taken as a pain killer.

If you have ever had a stomach ulcer, aspirin is usually avoided. Your doctor can give you a different medicine to reduce the risk of blood clots.

Are there any problems taking aspirin with any other medications?

You should avoid any medicine which contains aspirin or ibuprofen which includes many cough and cold remedies and pain killers.

Aspirin should not be taken as a painkiller if you have renal disease.

Only take tablets prescribed for you by your doctor and check with your pharmacist before taking any new medicines.

Further information

Further information about your tablet can be found in the patient information leaflet found in the tablet/capsule box or on the container.

If you have any other questions about your medication, please contact the medicines helpline on 01223 217502.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or patient.information@addenbrookes.nhs.uk

Polish

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem Informacji Pacjenta (Patient Information) pod numerem telefonu: 01223 216032 lub pod adresem patient.information@addenbrookes.nhs.uk

Portuguese

Se precisar desta informação noutra língua, em impressão de letras grandes ou formato áudio, por favor peça ao departamento que contacte a secção de Informação aos Doentes (Patient Information) pelo telefone 01223 216032 ou através do e-mail patient.information@addenbrookes.nhs.uk

Arabic

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يمكنك أن تطلب من القسم الاتصال بمعلومات المريض على الرقم: 01223216032 أو عبر البريد الإلكتروني: patient.information@addenbrookes.nhs.uk

Cantonese

如您需以另一語言版本、特大字體或錄音形式索取本資料，請要求部門聯絡病人諮詢服務：電話 01223 216032，電郵地址 patient.information@addenbrookes.nhs.uk

Turkish

Eğer bu bilgileri başka bir dilde veya büyük baskılı veya sesli olarak isterseniz, lütfen bulunduğunuz bölümdeki görevlilere söyleyin Hasta Bilgilendirme servisini arasinlar: 01223 216032 veya patient.information@addenbrookes.nhs.uk

Urdu

اگر آپ کو یہ معلومات کسی دیگر زبان میں، بڑے الفاظ میں یا آڈیو طریقہ سے درکار ہوں تو برائے مہربانی اس شعبہ سے پیشینٹ انفارمیشن سے ذیل کے ذریعہ رابطہ کرنے کی درخواست کریں: 01223 216032 یا patient.information@addenbrookes.nhs.uk

Bengali

আপনি যদি এই তথ্য অন্য কোন ভাষায়, বড় অক্ষরে বা অডিও রেকর্ডিং পেতে চান তাহলে 'প্যাশেন্ট ইনফরমেশান' এর সঙ্গে 01223 216032 নম্বরে ফোন করে বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করে যোগাযোগ করার জন্য ডিপার্টমেন্টটিতে অনুরোধ জানান।

Document history

Authors	Nephrology/Pharmacy Department
Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.cuh.org.uk
Contact number	01223 217502 (Medicines Helpline)
Publish/Review date	July 2010/July 2013 (no changes made)
File name	Asprin.doc
Version number/Ref	2/PIN1864