

Department of Nephrology/Pharmacy

Proton pump inhibitors (PPIs)

Examples

The following are some examples of brand names of proton pump inhibitors (PPIs):

- Omeprazole
- Lansoprazole
- Pantoprazole
- Rabeprazole
- Esomeprazole

What are proton pump inhibitors and what do they do?

PPIs work to reduce acid production in the stomach.

Large amounts of acid in the stomach can cause indigestion, acid regurgitation (acid coming 'back up' the throat especially when lying down) or sometimes stomach ulcers. PPIs stop stomach acid collecting in the stomach and therefore stop causing problems such as indigestion and regurgitation.

Why am I prescribed a proton pump inhibitor?

PPIs are prescribed by your doctor if you have symptoms such as indigestion, acid regurgitation or dyspepsia or have a history of stomach ulcers. They are also used to protect your stomach against other medications you are taking (such as aspirin or steroids) even if you have no symptoms of indigestion or dyspepsia.

How do I take my proton pump inhibitor?

PPIs are normally taken once daily but occasionally your doctor may increase this to twice a day to help to control your symptoms. PPIs can be taken at any time of the day.

Although PPIs are often prescribed to take regularly, some people find that they only need to take them occasionally to control any symptoms of indigestion or dyspepsia. However, if you are taking your PPI to protect your stomach against other medications you are taking (such as aspirin or steroids) then it should be taken regularly even if you have no symptoms of indigestion or dyspepsia.

Do I need to have any tests or be monitored because I am taking a proton pump inhibitor?

Usually no extra tests are required when you are taking a PPI but your doctor will tell you if you need to have any further investigations.

Are there any side effects?

The main side effects seen with PPIs include:

- Diarrhoea
- Constipation
- Headache
- Dizziness

These side effects should be mild, but if you have any concerns about these or any other side effects please contact your doctor or specialist nurse for advice.

Are there any problems taking proton pump inhibitors with any other medications?

Most other medicines can be taken safely with PPIs. However, only take tablets prescribed for you by your doctor and check with your pharmacist before taking any new medicines.

Further information

Further information about your tablet can be found in the patient information leaflet found in the tablet/capsule box or on the container.

If you have any other questions about your medication, please contact the medicines helpline on 01223 217502.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or patient.information@addenbrookes.nhs.uk

Polish

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem Informacji Pacjenta (Patient Information) pod numerem telefonu: 01223 216032 lub pod adresem patient.information@addenbrookes.nhs.uk

Portuguese

Se precisar desta informação noutra língua, em impressão de letras grandes ou formato áudio, por favor peça ao departamento que contacte a secção de Informação aos Doentes (Patient Information) pelo telefone 01223 216032 ou através do e-mail patient.information@addenbrookes.nhs.uk

Arabic

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يمكنك أن تطلب من القسم الاتصال بمعلومات المريض على الرقم: 01223216032 أو عبر البريد الإلكتروني: patient.information@addenbrookes.nhs.uk

Cantonese

如您需以另一語言版本、特大字體或錄音形式索取本資料，請要求部門聯絡病人諮詢服務：電話 01223 216032，電郵地址 patient.information@addenbrookes.nhs.uk

Turkish

Eğer bu bilgileri başka bir dilde veya büyük baskılı veya sesli olarak isterseniz, lütfen bulunduğunuz bölümdeki görevlilere söyleyin Hasta Bilgilendirme servisini arasinlar: 01223 216032 veya patient.information@addenbrookes.nhs.uk

Urdu

اگر آپ کو یہ معلومات کسی دیگر زبان میں، بڑے الفاظ میں یا آڈیو طریقہ سے درکار ہوں تو برائے مہربانی اس شعبہ سے پیشینٹ انفارمیشن سے ذیل کے ذریعہ رابطہ کرنے کی درخواست کریں: 01223 216032 یا patient.information@addenbrookes.nhs.uk

Bengali

আপনি যদি এই তথ্য অন্য কোন ভাষায়, বড় অক্ষরে বা অডিও রেকর্ডিং পেতে চান তাহলে 'প্যাশেন্ট ইনফরমেশান' এর সঙ্গে 01223 216032 নম্বরে ফোন করে বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করে যোগাযোগ করার জন্য ডিপার্টমেন্টটিতে অনুরোধ জানান।

Document history

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