

Oncology Directorate and Haematology SDU

Welcome to Ward D6

About ward D6:

On ward D6 we care for people undergoing investigations and treatment of disorders affecting the blood or bone marrow. This speciality is called Haematology. Our aim is to provide the highest quality of care in a welcoming and pleasant environment.

Whether you are here for a day or a number of weeks, we want you and your family to feel well informed and understand what is happening. We hope you will not hesitate to ask for as much information and advice as you require about any aspect of your care here on D6.

Contact details:

To dial the ward directly: 01223 216643

Connection via switchboard: 01223 245151 (extension number: 2643)

Ward Address: Ward D6 – Haematology
 Box 21,
 Cambridge University Hospitals NHS Foundation Trust,
 Hills Road,
 Cambridge CB2 0QQ
 Cambridgeshire

Directions and Travel:

- Directions from main reception: From the main entrance walk through the concourse to the main lifts. Take the lift to level six, turn left, and D6 is on the right. On arrival please report to a member of the nursing team.
- If your admission is likely to be for period of two weeks or more, visitors are able to get discounted parking tickets. Please ask at the hospital main reception, or D6 Ward Clerk for further details.

Staffing:

If you would like to find out "who's who", we have ward notice boards at the ward entrance, with the names and pictures of ward staff.

The Matron wears a black uniform, the Ward Manger and Specialist Nurses navy blue, Junior Sisters royal blue, Staff Nurses light blue stripes and the housekeepers and ward assistants wear green. Student nurses wear light grey striped uniforms.

General information about coming to the ward:

Please can you limit the amount of personal belongings you have with you during your stay on the ward. This helps with space restrictions and infection control measures. Please arrange for surplus belongings to be taken home regularly.

In order to ensure our patients are looked after appropriately, we may need to move you to a different bed space or to another suitable ward during your stay. These decisions are always made to ensure the best care can be given to all of our patients and your cooperation is greatly appreciated.

Please bring all your own regular medications in with you.

On your Arrival:

A nurse will show you to your bed, and orientate you to the ward. A member of your team will take blood samples, your temperature, blood pressure and pulse. You will also be asked some questions in order to complete admission paperwork, to ensure all your details are correctly documented and that a complete assessment of your needs has been carried out. You may be advised to pass urine into bedpans/bottles from midnight on the day you arrive. You may also be asked what you have to drink every two hours. This is to enable accurate assessment of your kidney function throughout your admission. Bedpans/bottles will be removed from your bathroom every two hours. It is a good idea to keep a record of what you have drunk, and we advise that you drink 2-3 litres a day to avoid de-hydration.

Visiting Hours:

There are no set visiting hours on the ward; we have a rest period between 13:00 and 15:00 daily and discourage visiting during these hours. Please ensure your visitors are considerate to other patients.

- Please ask your visitors not to bring any live plants or flowers on to the ward, as this poses an infection risk.
- Your children are welcome to visit but please speak to a member of nursing staff prior to them visiting.
- We do stress that if a visitor has had a recent illness or infectious disease (including colds) it is best to avoid visiting. If visitors have been exposed to chicken pox they must not visit. This is due to many of our patients being susceptible to infections.

Infection control:

- Addenbrooke's has a number of advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: http://www.addenbrookes.org.uk/patient_visitors/information_leaflets/library/list_i.html or through Patientline

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

Food and drink:

- 08:00 – Breakfast: cereals and toast
- 12:15 – Lunch: cooked meal
- 18:00 – Supper: sandwiches, light meal

- There are also tea and coffee rounds regularly throughout the day.
- There are tea and coffee making facilities on the ward.
- You may bring food in to be kept in the kitchen, provided it is labelled and dated. Some patients prefer to have frozen meals ready in the freezer, which can be heated in the microwave by a member of staff. Please do not bring meals prepared at home.

Ward facilities:

- The ward is divided into two and shared with neurosciences.
- The haematology half of the ward has 11 beds: four single rooms with toilets, one two-bedded bay and one five-bedded bay.
- **Toilets and showers:** We ask that visitors do not use the toilets on the ward. There is a public toilet adjacent to the lifts. We advise patients to run the shower five minutes before getting in. This reduces the risk of infection.
- **Post:** Postal collections are made regularly and deliveries are made twice a day. There is also a post box in the main concourse.
- **Patient line:** This is a 'pay per view' system, installed at each bedside and includes telephone, television and radio. A pay station is available outside each ward where you can purchase a telephone card and a card to view the television. The radio is free.
- **Please do not bring your own TV or mobile phone.**
- We have DVD players, discs and Playstations for loan. Please speak to a member of staff.
- Newspapers may be bought daily. A volunteer will visit the ward each morning to take your order and deliver it.
- Women's Royal Voluntary Service (WRVS) provide a trolley daily, which sells stamps, confectionary, toiletries and stationery.
- **Information Board:** there are several notice boards around the ward with regularly updated posters and a wide range of information leaflets are available. Please help yourself.
- **Counselling and support:** A counselling and support service is available for people with cancer related diseases. If you would like some advice or support whilst on the ward, please ask a staff nurse for details.
- There is also a social worker if you require advice about financial benefits, housing etc. Please ask the nursing staff if you would like to be referred. Action counselling, support and information services are available through:
 - Cancerbackup: 0808 0800 1234

Clothing and laundry:

- Please bring toiletries for your personal use.
- You are responsible for arranging laundering of your personal clothes.
- While you are an inpatient, our aim is to keep you as independent as possible. You are encouraged to get dressed and perform as much of your own personal care as possible, nursing staff will help where needed.

Who to contact for further advice/questions:

Please feel free to ask any member of staff for further advice. We are always happy to answer your questions. Please call after 08:00 following the changeover of nursing staff.

For your own health and safety, if you leave the ward at any time, please let a member of the ward staff know.

Drug rounds:

- Please try not to interrupt the nursing staff while they are doing the drug round or checking medicines.
- The ward pharmacist is available to discuss your medication daily. Please speak to your nurse if you wish to see the pharmacist.
- Self-administration of medication may be available after consultation with the ward pharmacist.

Doctor's ward rounds:

- You will be admitted under your consultant during your stay. Your day to day care will be managed by the consultant in charge of the ward that month.
- There are ward based doctors, a registrar (senior doctor), senior house officers and house officers (junior doctors) who will look after you throughout your stay.
- The ward consultant will carry out twice weekly ward rounds, on a Monday and Thursday afternoon. If you would like to speak to your consultant at a time other than this, please ask for the secretary's telephone number to arrange an appointment, or speak to the nursing staff.



Addenbrooke's is smoke-free. You cannot smoke on site. For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Informacje te można otrzymać w innych językach, w wersji dużym drukiem lub audio. Zamówienia prosimy składać pod numerem: 01223 216032 lub wysyłając e-mail: patient.information@addenbrookes.nhs.uk

Polish

Se precisar desta informação num outro idioma, em impressão de letras grandes ou formato áudio por favor telefone para o 01223 216032 ou envie uma mensagem para: patient.information@addenbrookes.nhs.uk

Portuguese

Если вам требуется эта информация на другом языке, крупным шрифтом или в аудиоформате, пожалуйста, обращайтесь по телефону 01223 216032 или на вебсайт patient.information@addenbrookes.nhs.uk

Russian

若你需要此信息的其他語言版本、大字體版或音頻格式，請致電 01223 216032 或發郵件到: patient.information@addenbrookes.nhs.uk

Cantonese

Bu bilgiyi diger dillerde veya büyük baskılı ya da sesli formatta isterseniz lütfen su numaradan kontak kurun: 01223 216032 veya asagidaki adrese e-posta gönderin: patient.information@addenbrookes.nhs.uk

Turkish

এই তথ্য বাংলায়, বড় অক্ষরে বা অডিও টেপে পেতে চাইলে দয়া করে 01223 216032 নম্বরে ফোন করুন
বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করুন।

Bengali

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