

Department of Oral and Maxillofacial Surgery

Information for patients having treatment under sedation

You have been offered treatment under sedation in order to help you relax. Most people feeling anxious find this helps them to relax when receiving treatment.

After receiving the sedation medication through a vein at the back of your hand or in the arm, you will feel drowsy and relaxed throughout the procedure. Most patients do not remember anything about their treatment.

After the procedure you will sit in the recovery room until you feel fit enough and your clinician is happy to discharge you home.

It is very important that you follow the instructions below:

1. You **must not** eat or drink anything for two hours before your appointment time. Before this you should have a light meal, for example, toast and tea, coffee or fruit juice.
2. If you are taking any prescribed medicines or tablets they should be taken at the usual times and you should bring them with you to the department.
3. You **must not** drink alcohol on the day of your appointment or the night before.
4. You **must** be accompanied by a responsible adult who **must**, remain in the department throughout your appointment, escort you home afterwards and arrange for you to be looked after for the following 24 hours.
5. Your escort should take you home after treatment by private transport or taxi rather than public transport.
6. You **must not** drive any vehicle, operate any machinery or use a bicycle or operate any domestic appliance for 24 hours following sedation.
7. You **must not** drink any alcohol, return to work, make any important decisions or sign any legal document for 24 hours after sedation.
8. You **must not** wear tight-sleeved clothing or high-heeled shoes on the day of your appointment.

Please feel free at any time to ask the clinician or the sedation nurse any questions you may have about your treatment.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or patient.information@addenbrookes.nhs.uk

Polish

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem Informacji Pacjenta (Patient Information) pod numerem telefonu: 01223 216032 lub pod adresem patient.information@addenbrookes.nhs.uk

Portuguese

Se precisar desta informação noutra língua, em impressão de letras grandes ou formato áudio, por favor peça ao departamento que contacte a secção de Informação aos Doentes (Patient Information) pelo telefone 01223 216032 ou através do e-mail patient.information@addenbrookes.nhs.uk

Arabic

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يمكنك أن تطلب من القسم الاتصال بمعلومات المريض على الرقم: 01223216032 أو عبر البريد الإلكتروني: patient.information@addenbrookes.nhs.uk

Cantonese

如您需要以另一語言版本、特大字體或錄音形式索取本資料，請要求部門聯絡病人諮詢服務：電話 01223 216032，電郵地址 patient.information@addenbrookes.nhs.uk

Turkish

Eğer bu bilgileri başka bir dilde veya büyük baskılı veya sesli olarak isterseniz, lütfen bulunduğunuz bölümdeki görevlilere söyleyin Hasta Bilgilendirme servisini arasinlar: 01223 216032 veya patient.information@addenbrookes.nhs.uk

Urdu

اگر آپ کو یہ معلومات کسی دیگر زبان میں، بڑے الفاظ میں یا آڈیو طریقہ سے درکار ہوں تو برائے مہربانی اس شعبہ سے پیشینٹ انفارمیشن سے ذیل کے ذریعہ رابطہ کرنے: 01223 216032 یا patient.information@addenbrookes.nhs.uk کی درخواست کریں:

Bengali

আপনি যদি এই তথ্য অন্য কোন ভাষায়, বড় অক্ষরে বা অডিও রেকর্ডিং পোতে চান তাহলে 'প্যাশেন্ট ইনফরমেশান' এর সঙ্গে 01223 216032 নম্বরে ফোন করে বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করে যোগাযোগ করার জন্য ডিপার্টমেন্টটিতে অনুরোধ জানান।

Document history

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| Authors | Mr Adlam |
| Department | Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.cuh.org.uk |
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