

## Ward F2

# Welcome to Ward F2

### About Ward F2

We are the children's day-case unit caring for children from ages 0 to 16 years. We provide care for children attending hospital for medical or surgical day case procedures with the aim of discharge home the same day. We also see children attending as ward attenders for minor tests, cannulation, pre-operative clinics and reviews.

### Contact details

Telephone: 01223 274651.

### Directions from the main reception

Turn right as you enter through the revolving door at the hospital main entrance, turn left and walk past the hairdresser, across the corridor and past ward D2 (on your right). Take the corridor in front of you, signposted F and G wards. We are signposted from here.

### Opening hours

Our service currently runs from 07.30am until 7.00pm, Monday to Friday. Outside of these hours the telephone system is diverted to the Children's Observation Unit where you can get advice and support if necessary.

### Ward facilities

- Showers and toilets.
- Parent and teenage waiting area with communal television.
- Play room (please ensure your child is supervised at all times).

### On your arrival

Your allocated nurse will show you around the ward and ask for information about your child to enable them to care for your child appropriately. You will be given the opportunity to ask questions at any time throughout your child's stay. If your child is admitted for a day case procedure, they will be allocated a bed space so you can begin to make yourself and your child comfortable.

## Visiting hours

We operate an open visiting policy for parents, carers and close relatives, which means that within unit opening hours, family members are able to visit your child at any time.

## Plan of the day

Following admission, your allocated nurse will complete some paperwork checking details with you. Following this they will take and record your child's pulse rate, temperature, breathing rate and weight. These are important measurements to ensure that your child is fit and healthy for the procedure and as a baseline prior to undertaking any procedure or investigations.

The doctors (both medical and surgical specialities) and anaesthetist (if necessary) will then visit you and your child on the ward and complete the consent form outlining the procedure to be undertaken, having fully explained everything to you. This will give you the opportunity to ask questions regarding the procedure. When your allocated theatre slot is ready, the porters will arrive on the unit to collect your child and take them to theatre, along with a member of staff from the unit. One parent is allowed into the anaesthetic room in addition to the nurse, and can comfort your child whilst they are given the anaesthetic. The nurses will then take you to the recovery area where you will receive a pager so that they can contact you when your child is waking up. This allows you to be able to get some food and a drink whilst your child is in theatre.

Upon return to the ward, close observation will be made of your child. Discharge can occur once your child has had a drink, eaten (without vomiting) and passed urine and is back to their usual self, mobilising and communicating appropriately.

## Infection Control:

- If you or your visitors are unwell please do not come onto the ward as some of our patients are vulnerable to infections due to their illnesses. If you or any of your visitors have diarrhoea or vomiting please inform your nurse and prepare to go home.
- Alcohol gel is provided throughout the ward. To help us prevent the spread of infection please use this on entering and leaving. On occasion the nursing staff may inform you of the need to wash your hands with soap and water instead of using the gel.
- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: <http://www.addenbrookes.org.uk/patientinformation/index.html#i>
- If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

## Food and drink

We provide snack boxes at meal times if your child has been admitted as a day case. The snack boxes include sandwiches, crisps, muffin, yoghurt and juice. We also have toast, fruit and a variety of cereals available. We have a limited range of baby foods and milk available if required.

If your child has any special dietary requirements, please discuss this with your allocated nurse on arrival.

For safety reasons, if you want to have hot drinks please take them into the parent and teenage waiting area and take care not to leave them unattended.

## Who to contact for further advice/questions

For further information about F2 please contact the ward clerk or ward manager. To discuss care issues please contact the ward manager or nurse in charge.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

### Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)



## Document history

Authors	Children's Services
Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ <a href="http://www.cuh.org.uk">www.cuh.org.uk</a>
Contact number	01223 217911
Publish/Review date	July 2010/July 2013
File name	Welcome_to_F2
Version number/Ref	2/PIN2160