
Occupational Therapy Services

Community alarm suppliers - Cambridgeshire

What is a community alarm?

A community alarm may also be known as 'personal alarm', 'aid call', 'care alarm', 'emergency alarm' or 'lifeline'.

A care alarm system allows you to call for help and reassurance 24 hours a day for example if you are unwell, have an accident or a fall in your own home. The alarm system consists of a base unit, usually attached to your telephone and a portable alarm (usually a pendant, but sometimes worn on the wrist).

There are varying systems on the market all of which require a fee to be paid to either rent or buy the system and back-up service. People who receive benefits may be able to pay a reduced fee or sometimes no fee at all.

How does it work?

To activate the system you press the button on the portable alarm, a call is then automatically made to a central control area. The people in the central control area will try to contact you, if they cannot contact you and/or you require further assistance they will contact nominated relatives/friends or in some cases the emergency services.

Council providers

Cambridge City Council – Independent Living Community Alarm Service
01223 457648

www.cambridge.gov.uk/ccm/content/housing

East Cambridgeshire – Sanctuary Housing

This is not only supplied to Sanctuary housing tenants.

0800 916 1422

[www.sanctuary-](http://www.sanctuary-group.co.uk/Housing/Sanctuary/East/Pages/UsefulTelephoneNumber.aspx)

[group.co.uk/Housing/Sanctuary/East/Pages/UsefulTelephoneNumber.aspx](http://www.sanctuary-group.co.uk/Housing/Sanctuary/East/Pages/UsefulTelephoneNumber.aspx)

South Cambridgeshire – Community Lifeline Service

01954 713468

www.scambs.gov.uk/housing/housingadvicehousingoptionsandhomelessness/lifeline.htm

Huntingdonshire – Luminus Group Lifeline Community Alarm

01480 428777

http://www.luminus.org.uk/page_view.aspx?infoid=356

Peterborough and Fenland – Cross Keys Homes

01733 385100

Voluntary agency providers

Age UK

0800 772266

www.ageuk.org.uk/seniorlink

Disabled Living Foundation

DLF Factsheet: choosing a personal alarm system

http://www.dlf.org.uk/factsheets/pdf/Choosing_a_personal_alarm_system.pdf

You can find further suppliers in your local telephone directory.



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

patient.information@addenbrookes.nhs.uk



Document history

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