

Information for your discharge home

The discharge lounge on L2 is used for late discharges home and more usually from 06:30 on the day of discharge to allow admissions to commence for DOSA patients. The area is staffed and refreshments are available until the patient can be collected to go home.

Pre Operative Assessment

Day Surgery and Theatres
Ward L2
Addenbrooke's Treatment Centre (ATC)

Addenbrooke's hospital

Hills Road

Cambridge

CB2 0QQ

01223 256584 (answer phone)
Please leave a message and a nurse will contact you within 24hrs.

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or patient.information@addenbrookes.nhs.uk



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

Addenbrooke's Treatment Centre (ATC)

Patient Information

Pre-operative assessment

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What is a pre-operative assessment?

Pre-operative assessment is a process used before your operation to ensure you are fully prepared for your hospital admission, treatment and discharge.

The majority of people will attend their pre-operative assessment on the same day as their outpatient clinic appointment.

Alternatively this may be carried out over the telephone and you may be booked an appointment at a later date to have any of the tests overleaf performed.

It is important that we have your correct telephone number. If it has changed recently please let the reception staff know so they can update your records.

In the event of you being recommended for an operation, you will need to be assessed as being fit for surgery.

No anaesthetic or operation is without its risks. It is important that your health is at optimum level prior to surgery.

Our aims in the assessment clinic

- To assess how fit you are for surgery and anaesthetic.
- To ensure that you will be in the best health prior to the operation.
- To help reduce your worries and concerns.
- To provide information about your admission to hospital and the length of stay.

What happens at the pre-operative assessment clinic?

You will be seen by one of our pre assessment team. An experienced pre operative assessment practitioner will discuss with you your general health and record your medical history.

We will also ask you about current medication that you are taking (if you have a list or repeat prescription with you it can be a great help!)

We will also perform several investigations including blood pressure, weight and height and MRSA swabs. You may be asked to provide a sample of urine. It may also be necessary to have an ECG (electrocardiogram) and some blood tests too.

Issues that may be discussed

At the pre assessment clinic we will provide you with all pre op written information. If at any time you are unsure of anything that has been discussed, please do ask us to repeat things.

We will provide you with fasting instructions for your day of surgery. We will inform you of any changes that may need to be made to your medication regime (for example stopping a tablet before surgery) We will inform you of any physical preparation needed before surgery.

Most people receive procedure information leaflets at their clinic visit. If you do not receive yours please let us know and we will be happy to provide you with one.

Privacy and Dignity

We aim to maintain your privacy and dignity in pre-assessment at all times, particularly if you are required to remove any clothing during your assessment, which will be carried out in a private consultation room with well fitting curtains.

We look forward to meeting you.
The pre assessment team