

Day Surgery Unit

Information for Brookfields paediatric dental patients

Information leaflet for children who had surgical extraction of teeth

After treatment

Pain

- Your child can expect slight swelling and discomfort after dental extractions, which can last two to three days. Before the operation your child may be given a pre-med of paracetamol or ibuprofen. During the operation local anaesthetic may be used.
- Your child may continue to take pain relief for up to two or three days after his/her operation, paracetamol should be sufficient.

Bleeding

- When any teeth are removed you are left with a hole (tooth socket) in your jawbone. At first a blood clot forms, before healing over completely.
- If bleeding occurs when your child is at home, apply pressure on the tooth socket with a clean, rolled piece of cotton cloth. Try this for the first 10 to 30 minutes until the bleeding stops.
- If bleeding does not stop, please contact Brookfields Dental Clinic or go to Emergency Department if out of hours.

Eating and drinking 12 hours after surgery

- As **local anaesthetic** has been used your child should avoid hot food and drinks, to avoid burning his/her mouth. Hot food and drink can also break down the clot which has formed in the hole, and this may cause bleeding to occur.
- Warm liquids and soft foods are recommended.

Oral hygiene

- It is important to keep the extraction sites clean and to avoid food becoming lodged there. Your child may require help cleaning his/her teeth for one or two days after the operation so that they do not dislodge the blood clots which have formed.
- The day after the operation if your child is able, an antiseptic mouthwash may be used, or rinsing with salt water (dissolve one teaspoon of salt in a cup of warm water) to help reduce the risk of infection. This can be done after every meal or two to three times a day.

Infection

It is uncommon to get an infection, particularly if good oral hygiene is maintained after surgery.

- If you are worried that your child has an infection, the signs would be:
 - Raised temperature
 - Nasty discharge or taste in the mouth
 - Increased pain and severe swelling around the operation site.

If your child experiences any of these, please contact Brookfields Dental Clinic on the numbers below, your own dentist or your GP.

Further Information

If you are worried about your child's condition, contact Brookfields dental clinic on 01223 723100 or 723093.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or patient.information@addenbrookes.nhs.uk

Polish

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem Informacji Pacjenta (Patient Information) pod numerem telefonu: 01223 216032 lub pod adresem patient.information@addenbrookes.nhs.uk

Portuguese

Se precisar desta informação noutra língua, em impressão de letras grandes ou formato áudio, por favor peça ao departamento que contacte a secção de Informação aos Doentes (Patient Information) pelo telefone 01223 216032 ou através do e-mail patient.information@addenbrookes.nhs.uk

Arabic

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يمكنك أن تطلب من القسم الاتصال بمعلومات المريض على الرقم: 01223216032 أو عبر البريد الإلكتروني: patient.information@addenbrookes.nhs.uk

Cantonese

如您需以另一語言版本、特大字體或錄音形式索取本資料，請要求部門聯絡病人諮詢服務：電話 01223 216032，電郵地址 patient.information@addenbrookes.nhs.uk

Turkish

Eğer bu bilgileri başka bir dilde veya büyük baskılı veya sesli olarak isterseniz, lütfen bulunduğunuz bölümdeki görevlilere söyleyin Hasta Bilgilendirme servisini arasinlar: 01223 216032 veya patient.information@addenbrookes.nhs.uk

Urdu

اگر آپ کو یہ معلومات کسی دیگر زبان میں، بڑے الفاظ میں یا آڈیو طریقہ سے درکار ہوں تو برائے مہربانی اس شعبہ سے پیشینٹ انفارمیشن سے ذیل کے ذریعہ رابطہ کرنے کی درخواست کریں: 01223 216032 یا patient.information@addenbrookes.nhs.uk

Bengali

আপনি যদি এই তথ্য অন্য কোন ভাষায়, বড় অক্ষরে বা অডিও রেকর্ডিং পেতে চান তাহলে 'প্যাশেন্ট ইনফরমেশান' এর সঙ্গে 01223 216032 নম্বরে ফোন করে বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করে যোগাযোগ করার জন্য ডিপার্টমেন্টটিতে অনুরোধ জানান।

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Authors	Karen Ellis
Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.cuh.org.uk
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