

Children's Services

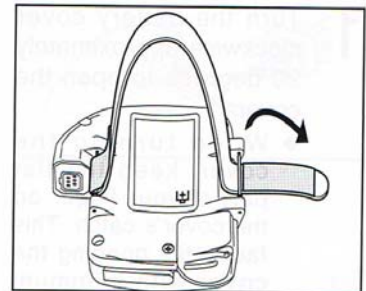
Using the Konica Minolta Pulsox 300i for measuring overnight oxygen and heart rate

We enclose the Pulsox 300i. This measures your child's oxygen and heart rate overnight. New batteries were put in the machine before being sent to you.

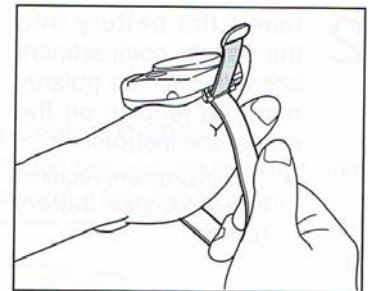
1. Once your child is ready for bed put the wrist band on your child. You can put it on their wrist or ankle.
2. Place the finger probe on one of your child's fingers or big toe.
3. You could put the wrist band on your child before they go to sleep and wait until they have gone to sleep before putting the probe on.
4. We recommend putting a mitten, glove or sock on their hand or foot as this will reduce the risk of the finger probe coming off in the middle of the night.
5. Press the blue power button for about 20 to 30 seconds until the display lights up. The machine starts recording heart rate and oxygen levels.
6. Leave the machine on your child until the morning.
7. If it comes off your child's finger or toe by accident (or deliberately) simply put the finger probe back on. **Don't press any buttons** as the machine will reset itself and continue recording your child's oxygen and heart rate. Unfortunately there is no alarm on this machine to say that the finger probe has come off.
8. In the morning turn the machine off by pressing the blue power button until the numbers go off.

4) Attaching the PULSOX to the Wrist

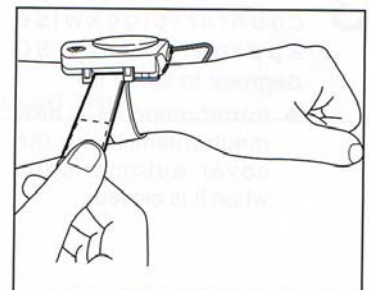
- 1 Remove the hook-and-loop section of the band from the side with no probe connector.



- 2 Attach PULSOX-300i to the arm by inserting your hand through the Wrist Band.



- 3 Adjust the fastening position of the hook-and-loop tape to adjust the tension of the Band.



9. Return the machine to us as soon as possible in the stamped addressed envelope enclosed. Post at a post office and ask for proof of posting – you do not have to pay anything to post the machine back to us.
10. If you have any problems please phone 01223 216585 or 216020 and ask for the Clinical Nurse Specialist.
11. Once the machine has been returned, the study is downloaded. The study will be read by a Consultant Paediatrician with a special interest in children's sleep problems.
12. The results will be sent to the referring Consultant who is asked to ensure that appropriate follow up is made.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

patient.information@addenbrookes.nhs.uk



Document history

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