

Useful sources of help and information:-

MS Society National Centre

Telephone 020 8438 0700

www.mssociety.org.uk

MS Society helpline for people with MS and those close to them

Freephone 0808 800 8000

(weekdays 09:00-21:00)

www.mssociety.org.uk/cambridge

Multiple Sclerosis Trust

Telephone 01462 476 700

www.mstrust.org.uk

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or patient.information@addenbrookes.nhs.uk



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

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Cambridge University Hospitals 
NHS Foundation Trust

Specialist Nurse Service

Patient Information

Multiple Sclerosis
Specialist Nurse
Partnership: acute and
community service

What service does the MS Nurse offer?

- Support, advice, information, education and help from diagnosis onwards.
- Nurse led clinics, assessment, problem solving, lifestyle advice.
- Home visits if required.
- Symptom management.
- Initiation and monitoring of Disease Modifying Treatments (where appropriate).
- Telephone advice line.
- Liaison and referrals to other team members for example Physiotherapist, occupational therapist, social services, neurology and voluntary organizations.

When should I contact the MS Nurse?

- If you have a question about your MS or treatment options.
- If you are concerned by any symptoms you are experiencing.
- If you think you may be having a relapse.
- If you are finding it difficult to cope with any aspect of your MS.
- If you want any information about MS.
- If you get admitted to hospital or have a planned admission to hospital.

Who can refer to the service?

Anyone affected by MS can self-refer or ask their GP or health or social care professional to refer them.

How to contact the MS Nurse:-

Mary Fraser	01223 257160
Mandy Hay	01223 257160
Chrissy George	01353 652206
Sandie Constant	01763 257995

MS Nurses are often out of the office, in clinic or on home visits but you can leave a message and they will ring you back within five working days.