

Children's Services

Welcome to the Children's Day Case Ward, Hinchingsbrooke Hospital

Introduction

The Addenbrooke's at Hinchingsbrooke project allows children who require routine day surgery, but by a specialist paediatric surgeon, to be operated on at Hinchingsbrooke hospital. Prior to this project, the child would need to come to Addenbrooke's hospital for the surgery.

About the day case ward, Hinchingsbrooke

We are the children's day case ward caring for children aged from 1 to 16 years. We provide care for children attending hospital for surgical day case procedures with the aim of discharge home the same day.

Who to contact for further advice/questions

A nurse from the paediatric surgery nursing team at Addenbrooke's will contact you one to two weeks prior to your child's surgery to carry out a telephone preoperative assessment to ensure that your child is fit and healthy for the procedure.

Please telephone the Paediatric Surgery Nursing Team at Addenbrooke's on: 01223 586973 if you have any questions.

Directions

As you approach Hinchingsbrooke hospital, please turn into the second road on the right hand side sign posted car park 3 and 4.

In the car park you will see a purple coloured building. The main doors to this building will be locked when you arrive at 07:30. Please walk along the right hand side of this building there is a blue door at the end. Enter the building via the blue door and walk up the stairs. The children's day case ward is on the left at the top of the stairs. Please put the minimum amount (£2.00) on the pay and display car parking system and we will then give you a permit to display for the rest of the day.

On your arrival

- Your child will be allocated a bed space for the day.
- The surgeon will come and see you at 08:00 to complete the consent form for your child's surgery. Your child will then be seen by an anaesthetist.
- The play leader will show you and your child around the ward.
- The nurse will need to complete the admission paperwork, check your child's temperature, pulse, and breathing rate and any other observations that are necessary. They will also need to be weighed and have swabs taken for MRSA testing.
- If appropriate, we will apply a local anaesthetic cream to the back of your child's hand in preparation for the anaesthetic.

Plan of the day

When your child's allocated theatre slot is ready, the porters will arrive on the unit to collect your child and take him/her to theatre, and your child may go to theatre in his/her pyjamas.

A member of staff from the unit will come with you. One parent is allowed into the anaesthetic room to comfort your child whilst they are given the anaesthetic. The theatre nurse will then take you to the recovery area where you will receive details on where to come back to when your child is waking up from the anaesthetic. The recovery nurses will ring the day case ward when they are ready for you to go to the recovery room.

Upon return to the ward, close observation will be made of your child. Discharge home will be arranged once your child has had a drink, eaten (without vomiting) and passed urine and mobilising and is communicating appropriately.

Food and drink

We provide food and drink for your child, this includes sandwiches, fruit, yoghurt, toast and a variety of cereals.

If your child has any dietary requirements, please discuss this with your nurse at the time of the pre operative assessment telephone call.

For safety reasons, if you want to have hot drinks please take them into the parent's room.

Infection control

To help us prevent the spread of infections, we ask that all visitors use the hand rub at the entrance to the ward on arrival and when leaving.

If you or your visitors are unwell please do not come onto the ward as some of our patients are vulnerable to infections due to their illnesses. If you or any of your visitors have diarrhoea or vomiting please inform your nurse and prepare to go home. Visitors must be clear of infection for 48 hours.

Alcohol gel is provided throughout the ward. To help us prevent the spread of infection please use this on entering and leaving.

Post operative information

If you have any concerns please contact:
01223 586973 Monday – Friday 08:00 to 18:00

If you have any concerns at the weekend or at night please ring 01223 245151 and ask for the Paediatric Surgery Registrar on-call. Please explain that your child had their surgery at Hinchingsbrooke but by an Addenbrooke's surgeon.

Paracetamol last given at.....

Ibuprofen last given at.....



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

patient.information@addenbrookes.nhs.uk



Document history

Authors	Department of Children's Services/Paediatric Surgery
Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.cuh.org.uk
Contact number	01223 245151
Publish/Review date	December 2010/December 2013
File name	Welcome_to_the_Children's_Day_Case_Ward_Hinchingsbrooke_Hospital
Version number/Ref	1/PIN2712