

## Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223



216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

Cambridge University Hospitals **NHS**  
NHS Foundation Trust



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

# Emergency Department

## Patient Information

# Discharge advice for men attending with abdominal pain

### Document history

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Contact number	01223 217118
Publish/Review date	June 2011/June 2014
File name	Discharge_advice_for_men_attending_with_abdominal_pain
Version number/Ref	1/PIN2768

- You have attended the Emergency Department (A&E) today with abdominal pain but are being sent home. Abdominal pain is very common and we often don't know what is causing the pain. Most abdominal pain will settle down over a few days.
- You should take simple pain killers regularly, such as paracetamol. You can take up to eight paracetamol tablets in a single 24 hour period.
- If your pain does not settle down within a few days, you should go and see your GP.

## **What should I look out for?**

### **If you...**

- develop very severe abdominal pain
- develop pain that goes through to your back
- develop shoulder pain
- become feverish or shivery
- start vomiting or passing blood from your back passage
- suffer any fainting or collapse episodes

**You should make your way to the Emergency Department if you are able or alternatively call for an ambulance.**

**NHS Direct 0845 4647**