

## Pain Service

# Advice to be read before having Pain Service injection treatments

The following information has been produced to ensure that you are able to have your injection treatment procedure. It is essential that you read and follow the advice given below before you come to the hospital. **If you do not follow the advice you may not be able to have your treatment.**

Please contact the Pain Clinic if any of the following apply to you:

- You are diabetic and take medication to control your diabetes.
- You have recently had an admission to hospital.
- You have tested positive for MRSA.
- You have an infection and are currently taking antibiotics.
- You think you may be pregnant.

**If you take Warfarin, Marevan, Clopidogrel, Plavix, Persantin Retard, Sinthrome or Assantin Retard, please notify the Pain Clinic at least 10 days before your appointment.**

Please leave any valuables or jewellery at home. You may have a light breakfast unless Pain Clinic staff has specifically advised you not to do so. **Please do not eat or drink anything two hours before your appointment.**

It is essential that after the procedure you arrange for an adult friend or relative to collect you by car or taxi. You will not be able to use the bus or train to travel home.

Hospital transport may be available if there is a medical need. If you think you may be eligible please contact the Pain Clinic.

**On arrival you will see the doctor to discuss and sign the consent form, however your appointment time may not be the time of your treatment and a wait will be involved (between 10 minutes and 4 hours before your treatment) so please bring something to read or do to keep yourself occupied.**

Near the time of your treatment you will be asked to undress down to your underwear and put on a hospital gown. If you wish you may bring a pair of shorts (with an elasticated waist) to wear underneath the hospital gown. You may also find it useful to bring a pair of slippers or flip flops to wear.

If you have any questions about this information or your treatment, please contact the Pain Clinic on **01223 217796** between 08:30 and 16:30.



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

**Help with this leaflet:**



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

[patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)



**Document history**

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Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ <a href="http://www.cuh.org.uk">www.cuh.org.uk</a>
Contact number	01223 217796
Publish/Review date	July 2010/July 2013 (minor amendment made February 2011 & September 2011)
File name	Advice_before_pain_relief_procedure.doc
Version number/Ref	2/PIN2830