

# Department of Speech and Language Therapy

## Aphasia

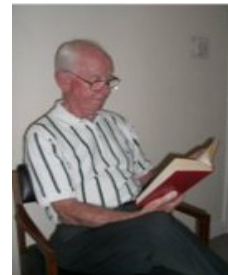
### What is Aphasia?

**Aphasia** is the term used to describe a **communication difficulty**. It can affect one or more of the following areas:

- Understanding
- Speaking



- Reading
- Writing



### What are the causes of Aphasia?

Aphasia may occur for a number of different reasons. Please speak to your speech and language therapist or doctor about the possible causes of your difficulties.

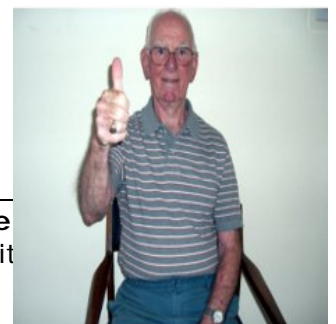
### How speech and language therapy can help

Speech and language therapists assess and help with language and communication difficulties. They can:

- Offer **advice** and **strategies** for the person and family / friends.
- Give therapy to help with communication difficulties.
- **Help** to find the best way to communicate.
- Offer support and understanding of communication difficulties.

### What can help

- Allow plenty of **time**.
- **Reduce** background **noise** or find a **quiet space**.
- Use **writing**, **drawing** and **gesture** to support communication.



- **Recap** – make sure that you have **understood** each other.
- **Follow advice** given by your speech and language therapist.

## Useful websites

[www.speakability.org.uk](http://www.speakability.org.uk)

[www.ukconnect.org](http://www.ukconnect.org)

[www.aphasiahelp.org](http://www.aphasiahelp.org)

## Contact details:

Your Speech Therapist is: \_\_\_\_\_

Telephone Number: \_\_\_\_\_



We are currently working towards a smoke free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS stop smoking helpline on 0800 169 0 169

## Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223 216032 or

[patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)



## Document history

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